

Jaclyn A. Siegel, PhD

Assistant Teaching Professor, Department of Psychological and Brain Sciences, Villanova University
 Assistant Research Professor, Violence Prevention Center, University of North Carolina at Charlotte
 Research Fellow, Kinsey Institute, Indiana University at Bloomington

Professional Experience

2026 –	Assistant Teaching Professor, Villanova University <i>Department of Psychological and Brain Sciences</i>
2026 –	Assistant Research Professor, University of North Carolina at Charlotte <i>Violence Prevention Center; Department of Epidemiology & Community Health</i>
2025 –	Research Fellow, Kinsey Institute at Indiana University
2025 – 26	Clinical Research Specialist, University of North Carolina at Charlotte <i>Violence Prevention Center; Department of Epidemiology & Community Health</i>
2022 – 26	Adjunct Professor, San Diego State University (Contract) <i>PSY 355: Psych. of Human Sexual Behavior (4 sections; 1100 students total)</i>
2025 – 25	Adjunct Professor, San Diego State University – Imperial Valley (Contract) <i>PSY 442: Prejudice and Stereotypes (1 section; 30 students total)</i>
2023 – 25	Research Scientist, NORC at the University of Chicago <i>Department of Public Health</i>
2021 – 23	Courtesy Postdoctoral Associate, Florida International University <i>Power, Women, and Relationships Lab</i>
2021 – 23	Postdoctoral Researcher, San Diego State University Research Foundation <i>Body Image, Sexuality, and Health Lab</i>
2021	Lecturer, King's University College (Contract) <i>PSY 3725: Psych. of Prejudice (1 section; 25 students total)</i>
2018	Research Subject Matter Expert, McGraw-Hill Ryerson Limited (Contract)

Education

2017 – 21	PhD in Psychology (Social), University of Western Ontario <i>Certificate in University Teaching and Learning</i>
2015 – 17	MS in Psychology, Villanova University
2013 – 16	BA in Psychology & Honors, Villanova University

Academic Research Experience and Training

2025 – 26	Violence Prevention Center, University of North Carolina at Charlotte <i>Clinical Research Specialist</i> for Project GRRIT, a clinical trial of a suicide prevention program for active-duty military members; responsible for data management and analysis, dissemination of findings
2021 – 23	Body Image, Sexuality, and Health (BISH) Lab, San Diego State University <i>Postdoctoral research scholar/project director</i> for the Pride Body Project, an R01 NIH-funded eating disorder prevention program for sexual minority men
2020 – 23	Power, Women, and Relationships (PWR) Lab, Florida International University <i>Courtesy postdoctoral associate</i> responsible for interviewing survivors of image-based sexual abuse, analyzing data, and writing manuscripts
2017 – 21	Stigma, Objectification, Bodies, & Resistance (SOBR) Lab, Western University

	Lab coordinator responsible for overseeing all research projects including experimental, cross-sectional, and interview-based research
2015 – 17	Diversity Lab , Villanova University <i>Graduate research assistant</i> responsible for coding interviews related to male champions for women's success in the workplace
2015 – 16	Maternal Representations Lab , Villanova University <i>Undergraduate research assistant</i> responsible for qualitative coding of interviews with pregnant women about mental representations of their fetus
2014 – 15	Cognitive Development Project , Villanova University <i>Undergraduate research assistant</i> responsible for recruitment, scheduling lab appointments, and assisting with running studies

Non-Academic Research Experience

2023 - 25	Evaluation Training and Technical Assistance Center , NORC at the University of Chicago – United States Department of Defense Sexual Assault Prevention and Response Office Task Project Manager for two evaluations of interventions to reduce harmful behaviors in the United States Department of Defense; Task Project Lead for the development of a metrics resource to be used across Service branches
2024 – 25	Reducing Disparities Through Action , NORC at the University of Chicago – Centers for Medicare & Medicaid Services Office of Minority Health Project Manager for the development of an algorithm to identify cases of delirium through the use of clinical case records
2024 – 25	Positive Adolescent Interpersonal Relationships , NORC at the University of Chicago –National Institute of Justice Metrics Task Lead for the development of a longitudinal survey to identify predictors of intimate partner violence among youth
2023 – 24	Improving Provider-Patient Communications , NORC at the University of Chicago –Centers for Disease Control and Prevention Evaluation Lead for the assessment of a brief, virtual intervention to improve culturally competent communication about vaccines between medical providers and Black and African American patients
2023	LGBTQ+ Equity Assessment of the ABCD Study , NORC at the University of Chicago –Adolescent Brain and Cognitive Development Project Research Scientist for LGBTQ+ equity assessment of the Adolescent Brain and Cognitive Development Project

Publications

Refereed publications (34 total; 16 first author)

1. Siegel, J. A., Chadwick, S. B., Brown, R. L., Torre, C., & Dahl, A. (in press). Hormonal birth control (mis/dis)information online: Roots, consequences, and strategies for rebuilding women's trust in the scientific and medical establishments. *American Journal of Public Health*.
2. Siegel, J. A., Mumford, E. A., Kresovich, A., Emery, S., & Jones, C. (2026). Eating disorder screen results and GLP-1 awareness, interest, and use in a nationally representative sample of adults in U.S. households. *International Journal of Eating Disorders*. Published online first. <https://doi.org/10.1002/eat.70103>

* = Shared first author; ** = Student author

3. Hernandez Mozo, E. **, **Siegel, J. A.**, Douglas, V., Flores, J. J. **, Jones, I. J. **, Rivera, D. B. **, & Blashill, A. J. (2025). Internalized homophobia and cigarette use among Latino and Black sexual minority men: Protective and risk factors. *Stigma and Health*. Advance online publication. <https://doi.org/10.1037/sah0000625>
4. Hernandez Mozo, E. **, **Siegel, J. A.**, Jones, I. J. **, Rivera, D. B. **, & Blashill, A. J. (2024). The association between minority stressors, intraminority stressors, and borderline personality disorder symptomatology among sexual minority men. *Personality Disorders*, 16(2), 193–197. <https://doi.org/10.1037/per0000705>
5. Elbe, C. I. **, **Siegel, J. A.**, Mendoza, R. M. **, Caravelli, N. S. **, Askew, A. **, Mitzner, J. **, Chakkour, E. **, & Blashill, A. J. (2024). “Us big boys gotta find a way that works”: A qualitative study of casual sexual experiences among larger-bodied, White and Latino sexual minority men. *Body Image*, 51, 101791. <https://doi.org/10.1016/j.bodyim.2024.101791>
6. **Siegel, J. A.**, & Johns, M. (2024). Preventing eating disorders in the LGBTQIA+ community. *Nature Human Behavior*, 8(9), 1638-1640. <https://doi.org/10.1038/s41562-024-01976-8>
7. Moser, C. E., **Siegel, J. A.**, & Wiley, S. (2024). Men in feminism: A self-determination perspective and goals for the future. *Psychology of Men and Masculinities*, 25(4), 438–450. <https://doi.org/10.1037/men0000480>
8. **Siegel, J. A.**, Tesselaar, J. **, Mendoza, R. **, Elbe, C. I. **, Caravelli, N. **, Dejesus, J. **, Fenton, M. **, Victoria, B. **, Herrera, J. **, & Blashill, A. J. (2024). “I felt so powerful to have this love in me:” A grounded theory analysis of the experiences of people living with and recovering from eating disorders while in diverse romantic relationships. *Body Image*, 49, 101709. <https://doi.org/10.1016/j.bodyim.2024.101709>
9. **Siegel, J. A.**, Miller, A., Eaton, A. E., & Krieger, M. (2024). “Anything I could do to not have it paralyze me was welcome:” Coping strategies employed by survivors of image-based sexual abuse. *Psychology of Violence*, 15(1), 66–75. <https://doi.org/10.1037/vio0000526>
10. Eaton, A. A., Krieger, M. A., **Siegel, J. A.**, & Miller, A. M. (2024). Victim-survivors’ proposed solutions to addressing image-based sexual abuse in the U.S.: Legal, corporate, educational, technological, and cultural approaches. *Analysis of Social and Public Policy*, 24(2), 307-334. <https://doi.org/10.1111/asap.12395>
11. Nolen, E. *, **Siegel, J. A.**, Mendoza, R. R., Cubbin, C., Vohra-Gupta, S., Dosanjh, L. H., & Lewis-Smith, H. (2024). The impact of Dobbs v. Jackson Women’s Health Organization on young women’s experiences of objectification and sexual well-being. *Psychology of Women Quarterly*. <https://journals.sagepub.com/eprint/P4PGMCR4ABXJKTA9UPRT/full>
12. Brown, T. A., Klimek-Johnson, P., **Siegel, J. A.**, Convertino, A. D., Douglas, V. J., Pachankis, J. E., & Blashill, A. B. (2024). Promoting resilience to improve disordered eating (PRIDE): A case series of an eating disorder treatment for sexual minority individuals. *International Journal of Eating Disorders*. <https://doi.org/10.1002/eat.24150>
13. Maddocks, S., **Siegel, J. A.**, Eaton, A. A., & Agarwal, S. (2023). Who is invited to the metaverse? Analyzing media coverage of an emerging virtual world. *Cyberpsychology, Behavior, and Social Networking*, 27(1), 76-82. <https://doi.org/10.1089/cyber.2022.0394>
14. Kinnear, A. **, **Siegel, J. A.**, Masson, P. C., & Bodell, L. P. (2023). Functions of disordered eating behaviors: A qualitative analysis of the lived experience and clinician perspectives. *Journal of Eating Disorders*, 11(1), 141. <https://doi.org/10.1186/s40337-023-00854-4>
15. Tesselaar, J. *, Mendoza, R. R. *, **Siegel, J. A.**, Elbe, C. I. **, Caravelli, N. **, Dejesus, J. **, Fenton, M. **, Victoria, B. S. **, & Blashill, A. J. (2023). A qualitative analysis of relationship advice from the perspective of people living with and recovering from eating disorders while in diverse romantic relationships. *Eating Disorders: The Journal of Treatment and Prevention*, 31(6), 632-650. <https://doi.org/10.1080/10640266.2023.2206753>

16. Randall, A. B., van der Star, A., Pennesi, J.-L., **Siegel, J. A.**, & Blashill, A. J. (2022). Prevalence of self-injurious thoughts and behaviors among transgender and cisgender US pre-teens. *Suicide and Life-Threatening Behavior*, 53(2), 241-249. <https://doi.org/10.1111/sltb.12937>
17. Convertino, A. D., Elbe, C. I. **, Mendoza, R. R. **, Calzo, J. P., Brown, T. A., **Siegel, J. A.**, Jun, H.-J., Corliss, H. L., & Blashill, A. J. (2022). Internalization of muscularity and thinness ideals: Associations with body dissatisfaction, dietary restraint, and muscle dysmorphic symptoms in sexual minority men. *International Journal of Eating Disorders*, 55(12), 1765-1776. <https://doi.org/10.1002/eat.23829>
18. Nolen, E., **Siegel, J.**, Pownall, M., Talbot, C., & Dann, C. (2022). "I feel more protective over my body:" A brief report on pregnant women's embodied experiences during the COVID-19 pandemic. *Body Image*, 42, 197-204. <https://doi.org/10.1016/j.bodyim.2022.06.007>
19. **Siegel, J. A.**, Elbe, C. **, & Calogero, R. M. (2022). "It's an ongoing process": A qualitative analysis of male feminist identity growth. *Psychology of Men & Masculinities*, 23(3), 321-334. <https://doi.org/10.1037/men0000392>
20. **Siegel, J. A.**, Calogero, R. M., Eaton, A. E., & Roberts, T.-A. (2021). Identifying gaps and building bridges between feminist psychology and open science. *Psychology of Women Quarterly*, 45(4), 407-411. <https://doi.org/10.1177/03616843211044494> [Editorial]
21. Pownall, M., Talbot, C. V., Henschel, A., Lautarescu, A., Lloyd, K. E., Hartmann, H., Darda, K. M., Tang, K. T. Y., Carmichael-Murphy, P., & **Siegel, J. A.** (2021). Navigating open science as early career feminist researchers. *Psychology of Women Quarterly*, 45(4), 526-539. <https://doi.org/10.1177/03616843211029255>
22. **Siegel, J. A.**, Huellemann, K. L., Calogero, R. M., & Roberts, T.-A. (2021). Psychometric properties and validation of the Phenomenological Body Shame Scale - Revised. *Body Image*, 39, 90-102. <https://doi.org/10.1016/j.bodyim.2021.06.001>
23. **Siegel, J. A.**, Arenson, M., Mikytuck, A., & Woolard, J. (2021). Engaging public policy with psychological science. *Translational Issues in Psychological Science*, 7(1), 1-8. <http://doi.org/10.1037/tps0000284>
24. **Siegel, J. A.**, Anderson, R. A., Silver, K. E., & Mitchell, T. L. (2021). Yes, (most) men know what rape is: A mixed-methods investigation into college men's definitions of rape. *Psychology of Men & Masculinities*, 22(2), 401-411. <https://doi.org/10.1037/men0000337>
25. Osa, M. L., **Siegel, J. A.**, Elbe, C., & Meadows, A., & Calogero, R. M. (2021). Stigmatizing effects of weight status on lay perceptions of eating disorder-related distress. *Eating Disorders: Journal of Treatment and Prevention*. <https://doi.org/10.1080/10640266.2020.1855571>
26. **Siegel, J. A.**, & Calogero, R. M. (2021). Measurement of feminist identity and attitudes over the past half-century: A critical review and call for further research. *Sex Roles*, 85, 248-270. <https://dx.doi.org/10.1007/s11199-020-01219-w>
27. **Siegel, J. A.**, Ramseyer-Winter, V., & Cook, M. (2020). "It really presents a struggle for females, especially my little girl": Exploring fathers' experiences discussing body image with their young daughters. *Body Image*, 36, 84-94. <https://doi.org/10.1016/j.bodyim.2020.11.001>
28. Calogero, R. M., Tylka, T. L., **Siegel, J. A.**, Pina, A., & Roberts, T.-A. (2020). Smile pretty and watch your back: Personal safety anxiety and vigilance in objectification theory. *Journal of Personality and Social Psychology*, 121(6), 1195-1222. <https://doi.org/10.1037/pspi0000344>
29. Cooper, M., Reilly, E., **Siegel, J. A.**, Coniglio, K., Sadeh-Sharvit, S., Pisetsky, E. M., & Anderson, L. (2020). Eating disorders during the COVID-19 pandemic and quarantine: An overview of the literature and recommendations for treatment and prevention. *Eating Disorders: Journal of Treatment and Prevention*, 30(1), 54-76. <https://doi.org/10.1080/10640266.2020.1790271>
30. **Siegel, J. A.** *, Huellemann, K. L. *, Hillier, C. C., & Campbell, L. (2020). The protective role of self-compassion for women's positive body image: A direct replication and extension. *Body Image*, 32, 136-144. <https://doi.org/10.1016/j.bodyim.2019.12.003>

31. **Siegel, J. A.**, & Sawyer, K. B. (2019). “We don’t talk about feelings or struggles like that”: Men, eating disorders, and the workplace. *Psychology of Men and Masculinities*, 21(4), 533–544.
<https://doi.org/10.1037/men0000253>
32. **Siegel, J. A.**, & Calogero, R. M. (2019). Conformity to feminine norms and self-objectification in feminist and non-feminist women. *Body Image*, 28, 115–118.
<https://doi.org/10.1016/j.bodyim.2019.01.005>
33. **Siegel, J. A.**, & Sawyer, K. B. (2019). Eating disorders in the workplace: A qualitative investigation of women’s experiences. *Psychology of Women Quarterly*, 43(1), 37–58.
<https://doi.org/10.1177/0361684318812475>
34. Calogero, R. M. & **Siegel, J. A.** (2018). Widening understandings of women’s sexual desire: A social-ecological lens. *Archives of Sexual Behavior*, 48, 1693–1698. <https://doi.org/10.1007/s10508-018-1351-z>

Manuscripts under review (10 total; 2 first author)

1. **Siegel, J. A.**, & Calogero, R. M. (Under review). Faking orgasm for altruistic deceit: Investigating the role of benevolently sexist ideology and self-objectification among heterosexual women. *Psychology of Women Quarterly*. Revise and resubmit.
2. Cramer, R., Zabelski, S., **Siegel, J. A.**, Besse, S., Peters, A., Mennicke, A., Huerta, J., Mabery, A., Lord, T., Kaniuka, A., Brienzo, M., Jordan-Marshall, S., Brooks Nelson, E., Cacace, S. C., Kawalec, N., & Montanaro, E. (Under review). Implementation of a trauma-informed, social-ecological approach to student suicide prevention: A case study and future recommendations. *Journal of American College Health*. Revise and resubmit.
3. Brown, T. A., Calzo, J. P., Becker, C. B., **Siegel, J. A.**, Pennesi, J.-L., Tesselaar, J., Alexander, J., Flores, J. J., Kimball, D., Mitzner, J., Corliss, H. L., Jun, H.-J., Lin, C.-D., Murray, S. B., & Blashill, A. J. (Under review). Primary outcomes from a large-scale randomized controlled trial of a brief, peer-co-led, group-based eating disorder prevention program for young adult sexually minoritized men. *Journal of Consulting and Clinical Psychology*. Submitted.
4. Zarwell, M., Dahl, A., **Siegel, J. A.**, Prowten, S. D., Bene, A., Marin-Cespedes, S., Hill, R. M., & Rasmussen, S. (Under review). Rapid qualitative analysis in an international study of LGBTQ+ mental health: An overview and how-to guide. *International Journal of Qualitative Methods*. Submitted.
5. Dahl, A. A., Zarwell, M., Prowten, S. D., **Siegel, J. A.**, Bene, A., Marin-Cespedes, S., Hill, R. M., Rasmussen, S., Tucker, R. P., Keinonen, K., & Cramer, R. J. (Under review). “We need all the support we can get”: A rapid qualitative analysis of cross-national LGBTQ+ perspectives on social support, *Mental Health, and Suicide Prevention*. Submitted.
6. Felig, R., Goldenberg, J., & **Siegel, J. A.** (Under review). Choosing beauty: Autonomy and the psychological consequences of appearance-focused behavior in women. *Sex Roles*. Submitted.
7. **Siegel, J. A.**, Eaton, A. A., Morehead, M. W., Spiker, R., Thomas, M., & Alexander, A. (Under review). Situating sexualized deepfake abuse of women politicians within a social psychological framework: Roots, consequences, and potential strategies for prevention. *Sex Roles*. Submitted.
8. Miller, M. B., Johnson, N., Denning, D., **Siegel, J. A.**, & Brown, T. (Under review). More than (just) muscles: A qualitative examination of young men’s perceptions of the “perfect man.” *Stigma and Health*. Submitted
9. Grover, S., Cain, S. M., Cramer, R. J., Charles, C., Rikli, H., Campbell, S., Gunn, L. H., McGraw, J., Khazem, L., Ammendola, E., Williams, S., **Siegel, J. A.**, Prowten, S. D., Franks, M. J., & Baker, J. C. (Under review). Serving a shared mission: Lessons learned from a military-academic suicide prevention partnership. *Evaluation and Program Planning*. Submitted.

10. Spiker, R., Morehead, M. W., **Siegel, J. A.**, & Eaton, A. A. (Under review). Addressing TFSV in College 101 classes and beyond: Recommendations for education, intervention, and cooperation across the college. *Sex Research and Social Policy*. Submitted.

Book chapters & reviews (8 total; 6 first author)

1. **Siegel, J. A.**, Calogero, R. M., Huellemann, K., & Roberts, T.-A. (In press). In T. Tylka Handbook of Positive Body Image Measures. Phenomenological Body Shame Scale – Revised. *Routledge*.
2. **Siegel J. A.** (2025). Anorexia Nervosa and Gender Roles. In M. Williams and J. Sheffield (Eds.) *The Role of Identity in Anorexia Nervosa: Embracing the Neglected Self*. *Routledge*.
3. **Siegel, J. A.** (2024). Eating Disorders in Public Discourse: Exploring Media Representations and Lived Experiences. In Laura A. Cariola (Ed). Exeter, United Kingdom: University of Exeter Press, 2023. 362 pp. *Journalism & Mass Communication Quarterly*.
4. **Siegel, J. A.** (2023). Margo Maine, Hair tells a story: Yours, hers, and ours. 156 pp. *Psychology of Women Quarterly*, 47(4). <https://doi.org/10.1177/03616843231186318>
5. Slakoff, D., & **Siegel, J. A.** (2021). Barriers to reporting, barriers to services: Challenges for transgender survivors of intimate partner violence and sexual victimization. In C. L. Buist & L. Kahle (Eds.) *Queering Criminology in Theory and Praxis: Re-Imaging Justice in the Criminal Legal System and Beyond*. Bristol University Press.
6. Calogero, R. M., Tylka, T. L., & **Siegel, J. A.** (2019). Personal safety as bedrock and safeguard to positive embodiment. In T. L. Tylka & N. Piran (Eds.) *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions*. Oxford University Press.
7. **Siegel, J. A.** (2020). Breanne Fahs, Women, sex, and madness: Notes from the edge. 217 pp. Routledge: New York, NY, 2020. *Feminism & Psychology*. <https://doi.org/10.1177/0959353520954314>
8. **Siegel, J. A.** (2019). Shelah Gilbert Leader & Patricia Rusch Hyatt, American women on the move: The inside story of the National Women's Conference, 1977. 167 pp. Lexington Books: Lanham, DA, 2016. *Feminism & Psychology*, 30(2), 267-283. <https://doi.org/10.1177/0959353519870212>

Conference Presentations

Papers, talks, and symposia (37 total; 27 first author)

1. **Forthcoming: Siegel, J. A.** (2027, April). *Navigating transitions inside and outside of academia*. [Keynote speech]. Annual Convention for the Midwestern Psychological Association, Chicago, IL, United States.
2. Cobb, H. R., Rauvola, R. S., & **Siegel, J. A.** (2026, April-May). *“It’s Not Just About Getting Time Off or Flexibility—It’s About Feeling Supported Holistically”: Qualitative Analysis of Worker Boundaries and Organizational Support During Egg Freezing*. In Thomas, C. L. (Co-Chair), Suh, Y. (Co-Chair), & Grotto, A. R. (Discussant). *Overlooked Reproductive Experiences: Expanding the lens on Maternity at Work* [Symposium]. Society for Industrial and Organizational Psychology Annual Conference, New Orleans, LA, United States.
3. **Siegel, J. A.**, Fordyce, E., Hunt, M., Girouard, E., Avripas, S., Dube, S., & Potter, A. (2024, August). *LGBTQ+ Equity Assessment of the ABCD Study*. *National LGBTQ+ Health Conference*. Atlanta, GA, United States.
4. Lindley, M., Tseryuan, J., Pyatt, T., Sanghera, A., Trivedi, N., Avripas, S., Ahn, R., Ng, C., **Siegel, J. A.**, Blount, M., Douglas, M., Nelms, P., Hughes, C., Nabaweesi, R., Stiehl, E., & Kim, S. (2024, August). *A participatory approach to designing and implementing an intervention for improving patient-provider vaccination communication* [Conference presentation]. National Immunization Conference. Atlanta, GA, United States.

5. Nolen, E., **Siegel, J.**, Mendoza, R., Cubbin, C., Vohra-Gupta, S., Dosanjh, L., & Lewis-Smith, H. (2024, March). *Impact of the Dobbs decision on women's experiences of objectification and sexual well-being*. Paper presentation accepted at Association for Women in Psychology online conference. Virtual.
6. Elbe, C. I., **Siegel, J. A.**, Mendoza, R. R., Caravelli, N., Askew, A., Mitzner, J., Chakkour, E., & Blashill, A. J. (2024, April). *Sex in a larger body: A qualitative study of casual sexual experiences among larger-bodied, sexual minority men*. [Symposium paper presentation]. Midwestern Psychological Association convention, Chicago, IL, United States.
7. Elbe, C. I., **Siegel, J. A.**, Mendoza, R. R., Caravelli, N., Mitzner, J., Chakkour, E., Askew, A., Ali, U., Herrera, J., & Blashill, A. J. (2023, November). *A qualitative study on the embodied experiences of casual sex among larger-bodied, sexual minority men*. [Symposium paper presentation]. Association for Behavioral and Cognitive Therapies convention, Seattle, WA, United States.
8. **Siegel, J. A.**, Mendoza, R. **, Tesselaar, J. **, Elbe, C. I. **, Caravelli, N. **, Dejesus, J. **, Fenton, M. **, Victoria, B. **, Troy, L. **, Herrera, J. **, Choi, A. **, & Blashill, A. J. (2023, June 1-3). *"I have too much to lose to ever go back:" A grounded theory analysis of eating disorders in diverse romantic relationships* [Paper presentation]. International Conference on Eating Disorders, Washington, D.C., United States.
9. **Siegel, J. A.** (2023, April 27-29). *Using social media to communicate your scholarship*. [Symposium talk]. Annual convention for the Western Psychological Association. Riverside, CA, United States.
10. **Siegel, J. A.**, & Calogero, R. M. (2023, March 3-5). *Sexist attitudes drive the link between fear of being single and faking orgasm in heterosexual women* [Paper presentation]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.
11. Krieger, M., Eaton, A., Miller, A., & **Siegel, J. A.** (2023, March 3-5). *Victims' suggestions for structural solutions to image based sexual abuse* [Symposium talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.
12. **Siegel, J. A.**, Eaton, A. E., Krieger, M. (2023, March 3-5). *Coping strategies used by survivors of image-based sexual abuse during the COVID-19 pandemic* [Symposium talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.
13. **Siegel, J. A.**, Calogero, R. M., Eaton, A. A., & Roberts, T.-A. (2023, March 3-5). *Feminist psychology and open science* [Distinguished Publication Award Talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States. (Invited).
14. **Siegel, J. A.** (2023, February 23). *Feminist identity ambivalence: A barrier to gender and racial equality* [Invited talk]. Gender Preconference, annual convention for the Society of Personality and Social Psychology, Atlanta, GA, United States.
15. **Siegel, J. A.** (2022, June). *Complications of public scholarship for reflexivity in qualitative research* [Lightning talk]. Annual convention for the Society for the Improvement of Psychological Science, Victoria, BC, Canada.
16. **Siegel, J. A.** (2022, April). *Open science, closed doors: Whose voices are being amplified and whose are being silenced in conversations about open science?* [Distinguished talk]. Western Psychological Association annual conference, Portland, OR, United States.
17. **Siegel, J. A.**, & Calogero, R. M. (2022, April). *Development and validation of the Feminist Social Identity Scale* [Paper presentation]. Western Psychological Association annual conference, Portland, OR, United States.
18. **Siegel, J. A.**, & Calogero, R. M. (2022, March). *Sexist attitudes drive the relation between fear of being single and faking orgasm for heterosexual, but sexual minority, women* [Paper presentation]. Association for Women in Psychology conference, Chicago, IL, United States. (Not presented due to COVID-19)
19. **Siegel, J. A.**, Alexander, J. **, & Calogero, R. M. (2022, March). *An exploration of beauty beliefs and behaviors in heterosexual and sexual minority women* [Paper presentation]. Association for Women in Psychology conference, Chicago, IL, United States. (Not presented due to COVID-19)

20. Steltenpohl, C., **Siegel, J. A.**, & Klement, K. R. (2021, June). *Workshop: Increasing researcher transparency and reflection through positionality statements: Lessons from qualitative research* [Workshop]. Annual convention for the 2021 Society for the Improvement of Psychological Science, Virtual. <https://osf.io/e5t36/>
21. **Siegel, J. A.**, Calogero, R. M., Myers, T., & McCullough, K. (2021, March). *Feminist identity and mental health: Changing times, changing directions* [Symposium presentation; chair]. 2021 Association for Women in Psychology conference, Virtual.
22. Nolen, E., Ramseyer Winter, V., **Siegel, J. A.**, Sevillano, L., Mercedes, M., & Landor, A. (2021, March). *Positive body image and eating behaviors during COVID-19* [Oral presentation]. 28th Annual Emerging Scholarship in Women's and Gender Studies Conference, University of Texas at Austin, Virtual.
23. Nolen, E., Ramseyer Winter, V., **Siegel, J. A.**, Sevillano, L., Mercedes, M., & Landor, A. (2021, February). Positive Body Image and Eating Behaviors During COVID-19: A Gender Analysis. Oral presentation for St. David's Center for Health Promotion and Disease Prevention Research Conference. Virtual Conference. (Highest scored poster abstracts gave oral presentations.)
24. **Siegel, J. A.**, Anderson, R. A. A., Silver, K., & Mitchel, T. (2021, February). *A consensual qualitative analysis of college men's definitions of rape* [Data blitz]. Gender preconference; annual convention for the Society of Personality and Social Psychology, Virtual.
25. **Siegel, J. A.** (2020, August). *'It's an ongoing process': A grounded theory analysis of men's feminist identity development* [Paper presentation]. Annual conference for Feminist Epistemologies, Methodologies, Metaphysics and Science Studies, Waterloo, ON, Canada. (Conference cancelled due to COVID-19)
26. **Siegel, J. A.** (Chair), Calogero, R. M., Roberts, T. A., Eaton, A. A., & Watson, L. B. (2020, August). *Open science and feminist psychology: Identifying problems and finding solutions* [Interactive discussion]. Annual convention for the American Psychological Association, Washington, D.C., United States. (Conference moved online due to COVID-19)
27. **Siegel, J. A.** (Chair), Hunger, J. M., Ropp, A., Hudson, S. T. J., & Carriere, K. (2020, June). *Self-care is political warfare: Perspectives on prioritizing self-preservation* [Symposium]. Annual convention for the Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)
28. **Siegel, J. A.** (2020, June). *Finding your voice online: Connecting and communicating on #AcademicTwitter* [Interactive discussion]. Annual convention for the Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)
29. **Siegel, J. A.** (2020, March). *Creating safe classrooms for transgender and nonbinary students* [Round table discussion]. Robert Macmillan Symposium in Education, London, ON, Canada (Conference cancelled due to COVID-19)
30. Calogero, R. M., Tylka, T. L., **Siegel, J. A.**, & Pina, A. (2019, October). *A threat is in the air: Personal safety anxiety and restricted freedom of movement in objectification theory* [Paper presentation]. Annual conference for the Society for Experimental Social Psychology, Toronto, ON, Canada.
31. **Siegel, J. A.** (2019, June). *Doing feminism through research, advocacy, and activism* [Symposium presentation]. Annual conference of the Society for the Psychological Study of Social Issues, San Diego, CA, United States.
32. **Siegel, J. A.**, & Calogero, R. M. (2019, June). *Personal safety anxiety and the threat of sexual objectification* [Paper presentation]. Annual conference for the Society for the Psychological Study of Social Issues, San Diego, CA, United States.
33. **Siegel, J. A.** (2019, May). *Ambivalent feminism: A new model for understanding modern feminist attitudes* [Paper presentation]. WWW Conference. Waterloo, ON, Canada.
34. **Siegel, J. A.** (2019, March). *Bringing men into the conversation: Recruiting, engaging, and encouraging male students in psychology of gender courses through experiential learning* [Paper presentation]. Robert Macmillan Symposium in Education, London, ON, Canada.

35. **Siegel, J. A.** & Calogero, R. M. (2018, May). *Objecting or objectifying?: A first look at the implications of postfeminist ideology among feminist women* [Data blitz]. WWW Conference, Waterloo, ON, Canada.
36. **Siegel, J. A.** & Sawyer, K. B. (2018, April). *Eating disorders in the workplace* [Paper presentation]. International Conference on Eating Disorders. Chicago, IL, United States.
37. **Siegel, J. A.** (2017, April). *Balance: Eating disorders as internalized oppression* [Paper presentation]. 28th annual Gender and Women's Studies Student Research Conference, Villanova, PA, United States.
38. **Siegel, J. A.** & Sawyer, K. B. (2017, April). *Eating disorders in the workplace* [Symposium paper presentation]. Annual convention of the Society of Industrial and Organizational Psychologists, Orlando, FL, United States.

Posters (27 total; 10 first-author)

1. Nazareth, N. A., Brown, T. A., **Siegel, J. A.**, Pennesi, J., Calzo, J. P., Jun, H., Blashill A. J. (2025 May). *The Role of Self and Partner Objectification in Body Image Outcomes in Sexual Minority Men*. Poster accepted for presentation at the 2025 Western Psychological Association Convention, Las Vegas, NV, USA.
2. Nazareth, N. A., Brown, T. A., **Siegel, J. A.**, Pennesi, J., Calzo, J. P., Jun, H., Blashill A. J. (2025 May). *Self and Partner Objectification and Attitudes Towards Obesity in Sexual Minority Men*. Poster accepted for presentation at the 2025 Western Psychological Association Convention, Las Vegas, NV, USA.
3. Brown, T. A., Alexander, J., Becker, C. B., Calzo, PhD, J. P., Corliss, H. L., Flores, J. J., Jun, H., Kimball, D., Lin, C., Mitzner, J., Murray, S. B., Pennesi, J., **Siegel, J. A.**, Tesselaar, J., & Blashill, A. J. (2024, September). *Primary outcomes from a large-scale randomized controlled trial of a brief, peer-co-led, group-based eating disorder prevention program for young adult sexual minority men*. Poster to be presented at the 30th Annual Meeting of the Eating Disorders Research Society, Sitges, Spain.
4. Tesselaar, J. **, Mendoza, R. **, Elbe, C. **, Caravelli, N. **, Dejesus, J. **, Fenton, M. **, Victoria, B. **, Blashill, A. J., & **Siegel, J. A.** (2023, June). *"Know that you can't fix them, and that's ok": An analysis of advice for romantic partners from the perspective of those living with eating disorders*. Poster accepted for the International Conference on Eating Disorders, Washington, D.C., United States. ***Awarded Best Early Career Scholar Abstract Award.**
5. Mendoza, R. R., Convertino, A. D., Brown, T. A., Calzo, J. P., **Siegel, J. A.**, & Blashill, A. J. (2023, June). Differences between bisexual and gay men in associations between sociocultural constructs and eating pathology. Poster accepted for the International Conference on Eating Disorders, Washington, D.C., United States. ***Awarded Top 10 Best Poster Award.**
6. Fenton, M. *, & **Siegel, J. A.** (April, 2023). Beauty as Currency: Measurement invariance across sexual orientations [Poster presentation]. Annual conference for the Western Psychological Association. Riverside, CA.
7. Mitzner, J. *, Van Der Star, A., **Siegel, J. A.**, & Blashill, A. J. (2023, April). Police discrimination and distress among sexual minority men of color [Poster presentation]. Annual conference for the Western Psychological Association. Riverside, CA.
8. Hernandez-Mozo, E. *, Douglas, V., **Siegel, J. A.**, Flores, J., Jones, I., Rivera, D., & Blashill, J. (2022, November). *Moderators of the link between internalized homophobia and cigarette use among sexual minority men of color* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference. New York, NY, United States.
9. Hernandez-Mozo, E. *, Douglas, V., **Siegel, J. A.**, Flores, J., Jones, I., Rivera, D., & Blashill, J. (2022, March). *Internalized stigma and substance use among sexual minority men of color* [Poster presentation]. 2022 SDSU Student Research Symposium. San Diego, CA, United States.
10. Randall, A., van der Star, A., Pennesi, J.-L., **Siegel, J. A.**, & Blashill, A. J. (2021, November). *The prevalence of self-injurious thoughts and behaviors among transgender and cisgender children in middle childhood: A population-based study* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference. Virtual.

* = Shared first author; ** = Student author

11. Alexander, J., Pennesi, J.-L., **Siegel, J. A.**, Brown, T.A., & Blashill, A. J. (2021, November). *Self-perceived discrepancies in gender role expression and depressive symptoms in sexual minority men* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference, Virtual.
12. **Siegel, J. A.**, & Calogero, R. M. (2021, July). *Feminist identity and attitudes toward feminine beauty* [Poster presentation]. Appearance Matters Conference, Virtual.
13. **Siegel, J. A.**, Elbe, C. *, & Calogero, R. M. (2020, June). *Sex is power beliefs and acceptance of cosmetic surgery* [Poster presentation]. Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)
14. Pownall, M., Talbot, C., Henschel, A., Lautarescu, A., Lloyd, K., Hartmann, H., Darda, K., Tang, K.; Carmichael-Murphy, P., & **Siegel, J. A.** (2021, February). *Engaging with open science as feminist early career researchers: Six top tips* [Poster presentation]. 2021 Open Science Conference, Virtual.
15. **Siegel, J. A.**, Elbe, C. I. *, & Calogero, R. M. (2021, February). *“Comrades in the Struggle”: Feminist identity development in cisgender men* [Poster presentation]. Society for Personality and Social Psychology annual conference, Virtual. (Conference canceled due to COVID-19)
16. **Siegel, J. A.**, Szczyglowski, K. A. *, & Calogero, R. M. (2020, August). *The role of feminist identity development and feminist identification for young women’s self-objectification* [Poster presentation]. Annual convention for the American Psychological Association, Washington, DC, United States. (Conference canceled due to COVID-19)
17. **Siegel, J. A.**, Huellemann, K. L., & Calogero, R. M. (2020, March). *Validation of a phenomenological measure of body shame* [Poster presentation]. Western Research Forum, London, ON, Canada (Conference canceled due to COVID-19)
18. **Siegel, J. A.**, & Calogero, R. M. (2019, August). *Fifty years of feminism: A critical review of measurements of feminist ideology and identity* [Poster presentation]. Annual convention for the American Psychological Association. Chicago, IL, United States.
19. Facca, D. *, **Siegel, J. A.**, & Calogero, R. M. (2019, March). *Reaching for help across the agency line: A test of sexual stereotypes* [Poster presentation]. Western Student Research Conference. London, ON, Canada.
20. **Siegel, J. A.**, Sawyer, K. B., & Hillier, C. (2019, March). *“You’re not really man size”: Men, eating disorders, and the workplace* [Poster presentation]. International Conference on Eating Disorders, New York, NY, United States.
21. Head, M. L., Calogero, R. M., & **Siegel, J. A.** (2018, November). *The potential harm of weight stigma for detecting eating disorder pathology* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
22. **Siegel, J. A.**, Huellemann, K., Head, M., & Calogero, R. M. (2018, November). *Nourishing self-compassion: Intuitive eating as self-care* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
23. Head, M. L., **Siegel, J. A.**, & Calogero, R. M. (2018, June). *Prescribing or pathologizing weight loss?: Sizeist perceptions of people with eating disorders as a function of target weight status* [Poster presentation]. Appearance Matters 8 Conference. Bath, UK.
24. Head, M., **Siegel, J. A.**, & Calogero, R. M. (2018, April). *Weight stigma at large: Lay perceptions of eating disorder pathology depend on the perceived weight status of the target person* [Poster presentation]. International Conference on Eating Disorders. Chicago, IL, United States.
25. **Siegel, J. A.**, & Sawyer, K. B. (2017, November). *Eating disorders in the workplace* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
26. O’Gorman, E. T., **Siegel, J. A.**, & Kurtz, J. E. (2017, March). *Discriminating between self- and other-descriptive positive response distortion in disordered eating populations* [Poster presentation]. Annual convention of the Society for Personality Assessment, San Francisco, CA, United States. (Awarded best poster)
27. **Siegel, J. A.** (2016). *Eating disorders in the workplace* [Poster presentation]. Villanova Undergraduate Student Research Conference. Villanova, PA, United States.

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Awards and Recognition

Grants and scholarships

1. Western Graduate Research Grant (Summer 2020)	\$350 CAD
2. Network for Economic and Social Trends Doctoral Award (2020-2021)	\$20,000 CAD
3. PSAC 610 Outstanding Research Contribution Scholarship (2019)	\$500 CAD
4. Richard Konrad Ontario Graduate Scholarship (2019-2020)	\$15,000 CAD
5. SPSSI Graduate Student Travel Grant (Summer 2019)	\$500 USD
6. Western Graduate Research Grant (Summer 2019)	\$525 CAD
7. SPSSI Grants-In-Aid (Winter 2018)	\$1,000 USD
8. Renfrew Foundation Scholarship (Fall 2018)	
9. APA Div. 35 Janet Hyde Graduate Student Research Grant (Fall 2018; Honorable mention)	
10. Villanova Undergraduate Research Grant (Summer 2016)	\$3,500 USD

Other awards and recognition

1. NORC Highly Published Award	(2024)
2. NORC Highly Published Award	(2023)
3. Top 10 Best Poster Award – International Conference on Eating Disorders	(2023)
4. Best Early Career Abstract Award – International Conference on Eating Disorders	(2023)
5. Best Overall Publication Award, <i>Eating Disorders: Journal of Treatment and Prevention</i>	(2023)
6. Distinguished Publication Award, Association for Women in Psychology	(2022)
7. Certificate in University Teaching and Learning, Western University	(2021)
8. <i>Psychology of Women Quarterly</i> Excellence in Peer Review Award	(2021)
9. Canadian Council of Psychology Departments Excellence in Teaching Award	(2018)
10. Best Poster Award – Society for Personality Assessment Conference	(2017)
11. Psi Chi International Honor Society in Psychology	
12. Villanova University Dean's List	(Fall 2013-Winter 2015)
13. Phi Beta Kappa	

Teaching and Public Speaking

Courses taught

2026-	Instructor of record, Psychology of Gender, Villanova University
2026-	Instructor of record, Introduction to Psychology, Villanova University
2022-26	Instructor of record, Psych. of Human Sexual Behavior, San Diego State University
2024	Instructor of record, Prejudice and Stereotypes, San Diego State University – Imperial Valley Campus
2021	Instructor of record, Psych. of Prejudice, King's University College
2020	Teaching assistant, Psych. of Gender, Western University
2019	Teaching assistant, Introduction to Psych., Western University
2018	Teaching assistant, Introduction to Social Psych., Western University
2018	Teaching assistant, Research Methods in Social Psych., Western University
2017	Teaching assistant, Introduction to Social Psych., Western University

Guest lectures

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2026	Texas Tech University (“Eating Disorders in Adolescence”)
2026	Chapman University (“The Naked Truth: Body Image Affects Virtually Every Part of our Sex Lives”)
2025	Villanova University (“Positive Body Image: History, Research, and Strategies for Appreciating the Body”)
2025	Loyola Marymount University (“Eating Disorders”)
2025	Reed College (“Eating Disorders: Media’s Impact and Influence”)
2025	Texas Tech University (“Body Image and Eating Disorders in Adolescence and Early Adulthood”; given twice)
2025	University of Miami (“Body Image Through a Social Psychological Lens”)
2024	Hunter College (“Eating Disorders and Gender Roles”)
2024	Stonehill College (“Qualitative Research: A Beginner’s Guide”)
2023	Texas State University (“Body Image, Eating Disorders, and Sexuality”)
2023	Tulane University (“Weight Stigma: Roots, Impact, and Resistance”)
2023	Florida International University (“Postdocs 101”)
2023	Princeton University (“Thematic Analysis: A Flexible Qualitative Method”)
2023	Rutgers University (“Eating Disorders: Questions and Answers”)
2023	Texas State University (“Body Image in the Bedroom”)
2022	University of Tennessee Knoxville (“Open Science, Closed Doors”)
2022	San Diego State University (“BMI is BS: Health, Weight, and Disordered Eating”)
2022	University of Tennessee Knoxville (“Eating Disorders: A Social Psychological Perspective”)
2022	Purdue University (“Gender and Wellbeing”)
2022	Texas State University (“Body Image, Gender, and Sexuality”)
2020	University of Leeds (“Exploring the Role of Fathers in Girls’ Body Image Development”)
2020	Western University (“Sexist and Feminist Personalities”)
2020	Western University (“Sexuality and Sexual Orientation”)
2020	Western University (“Gender, Language, Emotion, and Communication”)
2019	Western University (“Psychology, Gender, & Health”)
2019	King’s University College (“Social Psychological Research in Gender and Sexism”)
2019	Western University (“Gender Stereotypes”)
2018	Western University (“Prejudice and Discrimination”)

Public and invited talks

2026	<i>Thematic Analysis for Beginners</i> ; Invited Workshop at University of North Carolina at Charlotte (Charlotte, NC)
2026	<i>Demystifying qualitative research: A practical guide to thematic analysis</i> ; Invited workshop at Northwestern University (Virtual)
2025	<i>Naked and (Un)afraid: The Role of Body Image in Sexual Health, Functioning, and Satisfaction</i> ; Invited talk for the Keeping the Spark Alive Conference for the Sexual Health Alliance (Virtual)
2025	<i>A BIGGER Research Agenda</i> ; Invited talk for the Department of Psychology at Loyola Marymount University (Los Angeles, California)
2025	<i>Careers Outside of Academia</i> ; Invited talk for the Social, Personality, and Developmental Psychology Department Alumni Panel at Western University (Virtual)
2025	<i>Pursuing Passions Inside, Outside, and Adjacent to Academia</i> ; Invited talk at Elmhurst College (Virtual)
2025	<i>Qualitative Research on Body Image, Gender, and Relationships</i> ; Invited talk at Bennington College (Bennington, VT)

- 2024 *Feeling Hot Can Turn Up the Heat in the Bed: Body Image, Weight Stigma, and Sexual Outcomes*; Invited talk for the Keeping the Spark Alive Conference for the Sexual Health Alliance (Virtual)
- 2024 *Supporting a Loved One with an Eating Disorder*; Invited symposium talk for the Science for Society Series for the Association for Psychological Science (Virtual)
- 2024 *A Beginner's Guide to Qualitative Research*; Invited talk at Louisiana State University (Virtual)
- 2023 *Diversity in Eating Disorder, Body Image, and Weight Stigma Research*; Invited talk for the Diversity, Equity, and Inclusion Colloquium Series at Northeastern University (Boston, MA)
- 2023 *Positionality and Reflexivity in Qualitative Research*; Invited talk for the Advanced Research Methods Seminar at Princeton University (Princeton, NJ)
- 2023 *Critical Scholarship and Open Science: Methods, Ethics, and Strategies for Navigating the Two*; Invited talk for the Graduate Psychology Association at University of California – Los Angeles (Los Angeles, CA)
- 2023 *Social Psychology Research on Body Image, Gender, and Sexuality*; Invited talk for the Psi Chi/Psychology club at San Diego State University (San Diego, CA)
- 2023 *Human Sexual Response*; Invited talk for the Department of Psychology at Chapman University (Orange, CA)
- 2023 *Understanding Construct Validity*; Invited talk for the Department of Psychology at Lafayette University (Easton, PA)
- 2023 *Qualitative Methods in Eating Disorder Research*; Invited talk for the Psychology Department at University of York (Virtual)
- 2023 *Hookup Culture, Body Image, and Mental Health*; Invited talk for the Counseling and Social Change Club at San Diego State University (San Diego, CA)
- 2023 *One Step Forward, Two Steps Back: Open Science and Feminist Psychology*; Invited talk for the Psychology Department at Swansea University (Virtual)
- 2023 *Gender, Bodies, and Resistance: A Social Psychological Approach*; Invited talk for the Psychology Department at Adelphi University (Garden City, NY)
- 2023 *Using Social Media for Science Communication and Professional Development*; Invited talk for the Applied Social and Cultural Psychology program at Florida International University (Virtual)
- 2022 *Accessible Science Communication using Twitter*; Invited talk for Dr. Rhonda Balzarini's Relationships Lab at Texas State University (Virtual)
- 2022 *Eating Disorders: Diagnosis, Treatment, and Recovery*; Invited talk for the San Diego State University Psychology Clinic (San Diego, CA; September 2022)
- 2022 *Female Sexual Interest and Arousal Disorder – Differentiating Facts from Fiction*; Talkback for the new play *The Pleasure Trials* (San Diego, CA)
- 2022 *Men and the Fight for Gender Equality*; Public talk for the Miami Transportation Security Administration (Virtual)
- 2022 *Diversity, Equity, and Inclusion in Open Science*; Invited talk for the Consortium for the Advancement of Research Methods and Analysis at Texas Tech University (Virtual)
- 2022 *Integrating Feminist Psychology and Open Science: Perspectives on How to Use Open Science to Supportive Inclusive Psychological Research*; Invited talk for the ReproducibiliTea group at University of St. Louis (Virtual)
- 2022 *Open Science: A Barrier or a Bridge to Gender Equality?*; Invited talk for the United Nations Department of Global Communications (Virtual)
- 2022 *Mental Health and Body Image*; Invited talk for the Public Health Institute at San Diego State University (Virtual)
- 2022 *Thematic Analysis*; Workshop given for the BISH Lab at San Diego State University (San Diego, CA)

- 2021 *Personal Safety Anxiety and Vigilance in Women*; Invited talk at University of North Texas (Virtual)
- 2021 *Eating Disorders: Diagnosis, Prevention, and Treatment*; Invited talk for the San Diego State University Psychology Clinic (Virtual)
- 2021 *Be The Change: Social Inequality and Social Change*; London Public Library – Advocacy Through Action Series (Virtual)
- 2021 *Open Science in Early Career Feminist Research*; University of Minnesota (Virtual)
- 2020 *Eating Disorders, Weight Stigma, and the Holidays*; BEAT Universities Program (Virtual)
- 2020 *The Complexity of Weight, Health, and Well-Being*; London Public Library – Advocacy Through Action Series (London, ON)
- 2019 *Feminism with Benefits: The Personal and Interpersonal Benefits of Feminist Attitudes and Identity*; PechaKucha London (London, ON)
- 2019 *Feminism and Mental Health: What is the Link?*; Invited talk for the Retiring with Strong Minds Lecture Series (London, ON)
- 2019 *Defining the F Word: What does Feminism mean today?*; Invited talk for the Retiring with Strong Minds Lecture Series (London, ON; July 2019)
- 2019 *Body Blame: Eating Disorders, Weight Stigma, & Social Justice* (London Public Library – Advocacy Through Action Series; February 2019)
- 2018 *Straight/ Curve screening*; expert panel (University of Guelph; September 2018)
- 2018 *Conquer: A Morning Designed to Help Women Conquer the Challenges of Today*; speaker on eating disorder recovery (King's University College; April 2018)

Formal Academic Mentoring

- 2021 – 2024 Research co-supervision (Eduardo Hernandez - San Diego State University)
Initiative for Maximizing Student Development (IMSD) program at SDSU
- 2020 – 2021 Honors thesis co-supervision (Cassia Pelton - Western University)
Project: *Safety anxiety and vigilance in women with (in)visible disabilities*
- 2019 – 2020 Honors thesis co-supervision (Chloe Eidlitz - Western University)
Project: *Flattered or fearful?: Exploring the effect of benevolent sexism in the context of sexual objectification*
- 2018 – 2019 Honors thesis co-supervision (Diana Facca - Western University)
Project: *Reaching for help across the agency line: A test of sexual stereotypes of women*
- 2018 – 2018 Independent study co-supervision (Carly Sugar - Western University)
Project: *Feminist stigma: The roles of femininity & sexual behaviors*

Reviewing and Editing

Editorial Board Member

- *Psychology of Women Quarterly, Sex Roles, Body Image, Psychology of Men and Masculinities, Frontiers in Social Psychology (Gender and Relationships Section)*

Additional Roles

- APA Style Editor/Social Media Coordinator at *Psychology of Women Quarterly*

* = Shared first author; ** = Student author

- Ad Hoc Editor for manuscripts submitted by the Editor-In-Chief or Associate Editors at *Psychology of Women Quarterly*

Special Issue Editor

- *Psychology of Women Quarterly* (Lead editor)
- *Translational Issues in Psychological Science* (Associate editor)

Awards

- *Psychology of Women Quarterly* Excellence in Peer Review Award (2021)

Ad hoc reviewer

Psychology of Women Quarterly [47], *Body Image* [36], *Sex Roles* [23], *Women's Studies International Forum* [5], *Personality and Social Psychology Bulletin* [5], *Feminism & Psychology* [4], *International Journal of Eating Disorders* [9], *Social Science in Medicine - Qualitative Research in Health* [5], *Journal of Applied Social Psychology* [3], *Translational Issues in Psychological Science* [3], *Appetite* [2], *BMC Psychiatry* [2], *Group Processes and Intergroup Relations* [1], *Emerging Adulthood* [2], *Psychological Science* [1], *Journal of Interpersonal Violence* [1], *Psychology of Men and Masculinities* [7], *Archives of Human Sexual Behavior* [2], *BMC Public Policy* [1], *Europe's Journal of Social Psychology* [1], *Psychological Assessment* [1], *Social Science & Medicine* [1], *Victims and Victimhood* [1], *Fat Studies* [1], *Health Psychology Bulletin* [1], *Journal of Counseling Psychology* [1], *Analyses of Social Issues and Public Policies* [1], *Journal of Sex Research* [3], *Frontiers in Psychology* [1], *Ecopsychology* [1], *Violence and Victims* [1], *Archives of Sexual Behavior* [1], *Mindfulness* [1], *New Media and Society* [1], *Journal of Sexual Orientation and Gender Diversity* [2], *Eating Disorders: Journal of Treatment & Prevention* [1], *Frontiers in Social Psychology* [1], *Psychology and Psychotherapy* [1], *British Journal of Social Psychology* [1], *Cyberpsychology* [1]

Media and Science Communication

Writing

- Our Bodies Ourselves – Mental Health Panel (Content expert since 2025)
- The Industrial-Organizational Psychologist (“Opening Up: Tips for Fostering Belongingness in Our Scholarly Communities While Encouraging Open Science”)
- Psychology’s Feminist Voices (“A Compassionate Feminist Agenda”)
- FemPop Blog (“Women, Safety Anxiety, and The Popularity of True Crime Podcasts”)
- FemPop Blog for APA Division 35 (“Weight Stigma is a Feminist Issue”)
- Nature Human Behavior’s Social Sciences (“Complications of Qualitative Research under Publish or Perish”)
- “Women are Boring” blog (“Eating Disorders in the Workplace”)
- “We Are Alive” blog (“Rewriting Herstory”)
- Polarities Magazine (“Feminism”)
- The Mighty (“How Feminism Helped me Recover from an Eating Disorder”)
- Social Issues from Student Perspectives (“10 Things I Wish Someone Had Told me Before I Started my PhD”)

Podcasts

- “Psychology of Women Quarterly” podcast (Host since 2022)
- “Mindbridge” Podcast (“Body Image and Sexuality”)
- “Sexual Health Alliance” Podcast (“Body Image and Sexuality”)
- “The Health Compass” podcast (“The Male Gaze and Other Social Norms that Hurt Us with Dr. Jaclyn Siegel”)
- “Pointlessly Pointless” podcast (“Body Image Researcher Dr. Jaclyn Siegel”)
- “LuvBites with Dr. Tara” podcast (“Improve Your Body Image and Feel Sexier This Year”)
- “Story Collider” podcast (“Healing: Stories about Getting Better”)
- “Accidental Intellectual” podcast (“Jaclyn Siegel: Feminist First”)
- “Dear Grad Student” (“A Day in the Life: Jaclyn Siegel, Social Psychology PhD Candidate”)
- “High Impact Coffee Hour” (“Jaclyn Siegel, Feminist Social Psychologist”)
- “PhD Balance” (“Speaking out in Graduate School”)
- “Grad Cast” (“Human Rights and Litigation”)
- “Grad Cast” (“Phenomenological Body Shame”)
- “Always a Being” (“Body Positive Raging Feminist”)
- “GuyGab” podcast (“Managing Anger”)
- “Cognitive Revolution” podcast (“Lab lockdown #1: Jaclyn A. Siegel”)

Interviews

- KPBS (“Canvas outage causes students anxiety during stressful finals week”)
- APA Monitor (“How to use ChatGPT as a learning tool”)
- The Sun Magazine (“The strong, silent type: Jaclyn A. Siegel on masculinity and male body image”)
- The 19th (“Transgender and nonbinary patients with eating disorders struggle to be seen. Many go untreated as a result”)
- The Western Gazette (“Here she comes: Closing the orgasm gap”)
- Stylist (“How to improve body image: does working out in a sports bra boost body confidence?”)
- Giddy (“The Trouble with Gender Reveals”)
- The Western Gazette (“Turn it on like a light switch: The ins and outs of getting aroused”)
- The Western Gazette (“Students with eating disorders face additional struggles in COVID-19”)
- The Western Gazette (“How identifying as a feminist changes your dating life”)
- 106.9 The X (“Has the pandemic created challenges for those who have eating disorders?”)
- Accessible Media Inc on The Pulse (“Eating Disorders During COVID-19”)
- AM 980, Quebec AM, Ottawa Morning, London Morning, Information Morning (Halifax), The Trailbreaker (Yellowknife), Information Radio (Winnipeg), Edmonton AM, On The Island (Victoria), Daybreak South (Kelowna), The Morning Edition (Regina), Morning North (Sudbury) (“Pandemic challenging those with eating disorders”)
- CTV (“Pandemic making life harder for those living with eating disorders”)
- Western News (“Pandemic poses unique challenges for those living with eating disorders”)
- CTV (“Cat calling, inappropriate comments: studying the effects of sexual objectification on women”)
- Medium – Elemental (“The Pandemic is Heightening Diet Culture for Men”)
- 106.9 The X (“Taking Back The Night: Rallying against gender-based violence”)
- The Falcon (“The Western Production Empowering Women”)
- London Free Press (“In Victoria Park, Women Took Back the Night”)

Media reporting of research and advocacy

- Reporting on using social media for science communication (APA: Monitor on Psychology)
- Research on COVID-19 and eating disorders (Scientific American, Radio International Canada)
- Research on personal safety anxiety and objectification theory (Western News)
- Research on body image conversations between fathers and young daughters (Show Me Missou, Futurity, BYU Radio)

Service, Advocacy, and Advisory Work

Other Professional

- | | |
|--------|---|
| 2025 - | Expert Advisory Committee member for IndexMH |
| 2025 - | Content Expert on the Mental Health panel at Our Bodies Ourselves |

NORC at the University of Chicago

- | | |
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| 2023 – 2025 | Member of the Sexual and Gender Minority Steering Committee |
| 2023 – 2025 | Member of the PRISMATIC employee resource group |

Political Advocacy

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| 2020 | Invited Speaker in support of Bill 61 from Parliament 42 Session 1 of the Legislative Assembly of Ontario: Eating Disorders Awareness Week Act |
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San Diego State University

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| 2022 | Mentor for the Upward Bound/Health Career Opportunities Program |
| 2021 – 2023 | Education Chair of the SDSU Body Inclusivity Group |

Western University

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| 2020 – 2020 | Member of the Equity, Diversity, and Inclusion Committee |
| 2019 – 2020 | Co-chair of the Psychology Department Colloquium Committee |
| 2019 – 2021 | Member of the Psychology Graduate Affairs Committee |
| 2019 – 2021 | Member of the Psychology Undergraduate Affairs Committee |
| 2018 | Editor for the Western Undergraduate Psychology Journal |
| 2018 – 2019 | Co-chair of the Psychology Graduate Student Association |
| 2020 – 2021 | Member of the Anti-Sexual and Gender-Based Violence Working Group |
| 2018 – 2019 | Producer, actor, and director of The Vagina Monologues |
| 2018 – 2019 | Social Media Manager for the Women's Committee for PSAC 610 |
| 2017 – 2019 | Graduate Representative for the Women's Studies Student Collective |
| 2017 – 2019 | Society of Graduate Students Graduate Peer Support Committee |

Academic field

- | | |
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| 2020 – 2021 | Social Media Committee, International Journal for Eating Disorders |
| 2019 – 2020 | Affiliate Representative for the Society for the Psychology of Women |
| 2019 – 2020 | Social media manager for the Inspiring Diversity in STEM conference |
| 2019 | Reviewer: 7th Annual International Weight Stigma Conference |
| 2020 | Reviewer: American Psychological Association (Division 8) |

* = Shared first author; ** = Student author

2020	Reviewer: Society for the Psychological Study of Social Issues
2018 – 2020	Student Advisory Board member for Psychology of Women Quarterly
2019 – 2020	Campus Representative for APA Division 35
2019 – 2020	SPSP Peer Advisor (Darla Bonagura)
2018 – 2020	Electronic Media Committee for the Academy for Eating Disorders
2018 – 2019	Conference organizer for the 7 th annual Weight Stigma Conference
	§ Chair: (un)modified bodies: A roundtable discussion on the intersections between fat and trans studies

London, Ontario community

2020 – 2022	Research consultant, UN Women, London Safe Cities Project
2020	Feminist consultant for “Weight” (play about weight stigma)
2019 – 2021	Volunteer for Anova (safe space for survivors of gender-based violence)
2019	Volunteer for the London Fringe Festival (2019)
2019 – 2020	Volunteer for the London Pride Parade (2018, 2019)
2018 – 2020	Organizer for London Take Back the Night Rally (2018, 2019, 2020)
2017 – 2021	Volunteer for the Women’s Events Committee of London, ON

Affiliations and Memberships

2024 – 2025	American Statistical Association
2024 – present	Society for the Improvement of Psychology
2023 – present	Association for Women in Psychology
2022 – present	Western Psychological Association
2019 – present	Society for Personality and Social Psychology
2018 – present	Society for the Psychological Study of Social Issues
2018 – present	American Psychological Association, Division 35
2017 – 2022	Academy for Eating Disorders
2016 – present	Psi Chi International Honors Society in Psychology
2017 – present	Phi Beta Kappa

Advanced Trainings and Workshops Attended

November 2025	Minimizing & Managing Challenging Conversations in the Classroom, Center for Inclusive Excellence, San Diego State University
January 2024	Client Facing Project Management, NORC at the University of Chicago
January 2023	Inclusive Teaching Boot Camp for Lecturers, Center for Inclusive Excellence, San Diego State University
November 2022	Designing Lectures for Equitable Student Engagement, Center for Inclusive Excellence, San Diego State University
January 2022	Introduction to User Experience Research, San Diego State University
December 2020	Trauma-Informed Interviewing, Florida International University
September 2019	NVivo for Qual. & Mixed Methods Research Workshop, Western University
August 2019	Fall Perspectives on Teaching Conference, Centre for Teaching and Learning, Western University
June 2019	Healing the Wound with the Weapon: Post-Secondary Education and Reconciliation, Centre for Teaching and Learning, Western University

June 2019	How do We Engage Students as Partners in Teaching and Learning?, Centre for Teaching and Learning, Western University
June 2019	Frontiers of Science: Equipping All Students with Scientific Habits of Mind, Centre for Teaching and Learning, Western University
December 2018	Upstander Training, Centre for Teaching and Learning, Western University
November 2018	Getting Feedback on Your Teaching, Centre for Teaching and Learning, Western University
November 2018	Teaching in the Social Sciences, Arts and Humanities, Centre for Teaching and Learning, Western University

Skills and Expertise

Science communication: Twitter (X), Instagram, Bluesky, Facebook, LinkedIn, Canva, Figma

Qualitative methods: Grounded theory, consensual qualitative research, thematic analysis (reflexive and codebook), cognitive interviewing

Advanced quantitative methods: Structural equation modeling, test construction

Analytic software: SPSS (including Process), JASP, JAMOVI, G*Power, R, NVivo

Additional software: Open Science Framework, Qualtrics, Jira