

Jaclyn A. Siegel, PhD

Postdoctoral Research Scholar & Adjunct Professor
San Diego State University

e. jsiegel@sdsu.edu
w. jaclynasiegel.com

Academic Appointments

- 2022 – present **Adjunct Professor, San Diego State University**
Courses taught: *Psychology of Human Sexual Behavior*
- 2021 – present **Postdoctoral Researcher, San Diego State University Research Foundation**
Project Director, [Pride Body Project](#)
Body Image, Sexuality, and Health Lab
- 2021 – present **Courtesy Postdoctoral Associate, Florida International University**
Power, Women, and Relationships Lab
- 2021 – 2021 **Adjunct Assistant Professor, Kings University College**
Courses taught: *Psychology of Prejudice*

Education

- 2017 – 2021 **PhD in Psychology, University of Western Ontario**
Certificate in University Teaching and Learning
- 2015 – 2017 **MS in Psychological and Brain Sciences, Villanova University**
- 2013 – 2016 **BA in Psychological and Brain Sciences & Honors, Villanova University**

Research Experience

- 2021 – present **Body Image, Sexuality, and Health Lab, San Diego State University**
Postdoctoral research scholar and project director for the Pride Body Project, an R01 NIH-funded eating disorder prevention program for sexual minority men; supervision of graduate and undergraduate research projects related to health & wellness
- 2020 – present **Power, Women, and Relationships Lab, Florida International University**
Graduate research assistant, courtesy postdoctoral associate responsible for conducting interviews with survivors of image-based sexual abuse
- 2017 – 2021 **Stigma, Objectification, Bodies, & Resistance Lab, Western University**
Lab coordinator responsible for overseeing all research projects including experimental, cross-sectional, and interview-based research
- 2015 – 2017 **Diversity Lab, Villanova University**
Graduate research assistant responsible for coding interviews related to male champions for women's success in the workplace
- 2015 – 2016 **Maternal Representations Lab, Villanova University**
Undergraduate research assistant responsible for the development of a coding scheme for interviews with pregnant women about mental representations of their fetus
- 2014 – 2015 **Cognitive Development Project, Villanova University**
Undergraduate research assistant responsible for cold calling potential participants, scheduling lab appointments, and assisting with running psychological studies

Publications

Refereed publications

- Randall, A. B., van der Star, A., Pennesi, J.-L., **Siegel, J. A.**, & Blashill, A. J. (2022). Prevalence of self-injurious thoughts and behaviors among transgender and cisgender US pre-teens. *Suicide and Life-Threatening Behavior*. Published online first. <https://doi.org/10.1111/sltb.12937>
- Convertino, A. D., Elbe, C. I. *, Mendoza, R. R. *, Calzo, J. P., Brown, T. A., **Siegel, J. A.**, Jun, H.-J., Corliss, H. L., & Blashill, A. J. (2022). Internalization of muscularity and thinness ideals: Associations with body dissatisfaction, dietary restraint, and muscle dysmorphic symptoms in sexual minority men. *International Journal of Eating Disorders*, *55*(12), 1765-1776. <https://doi.org/10.1002/eat.23829>
- Nolen, E., **Siegel, J.**, Pownall, M, Talbot, C., & Dann, C. (2022). “I feel more protective over my body:” A brief report on pregnant women’s embodied experiences during the COVID-19 pandemic. *Body Image*, *42*, 197-204. <https://doi.org/10.1016/j.bodyim.2022.06.007>
- Siegel, J. A.**, Elbe, C. *, & Calogero, R. M. (2022). “It’s an ongoing process”: A qualitative analysis of male feminist identity growth. *Psychology of Men & Masculinities*, *23*(3), 321–334. <https://doi.org/10.1037/men0000392>
- Siegel, J. A.**, Calogero, R. M., Eaton, A. E., & Roberts, T.-A. (2021). Identifying gaps and building bridges between feminist psychology and open science. *Psychology of Women Quarterly*, *45*(4), 407-411. <https://doi.org/10.1177/03616843211044494> [Editorial]
- Pownall, M., Talbot, C. V., Henschel, A., Lautarescu, A., Lloyd, K. E., Hartmann, H., Darda, K. M., Tang, K. T. Y., Carmichael-Murphy, P., & **Siegel, J. A.** (2021). Navigating open science as early career feminist researchers. *Psychology of Women Quarterly*, *45*(4), 526-539. <https://doi.org/10.1177/03616843211029255>
- Siegel, J. A.**, Helleman, K. L., Calogero, R. M., & Roberts, T.-A. (2021). Psychometric properties and validation of the Phenomenological Body Shame Scale - Revised. *Body Image*, *39*, 90-102. <https://doi.org/10.1016/j.bodyim.2021.06.001>
- Siegel, J. A.**, Arenson, M., Mikytuck, A., & Woolard, J. (2021). Engaging public policy with psychological science. *Translational Issues in Psychological Science*, *7*(1), 1-8. <http://doi.org/10.1037/tps0000284>
- Siegel, J. A.**, Anderson, R. A., Silver, K. E., & Mitchell, T. L. (2021). Yes, (most) men know what rape is: A mixed-methods investigation into college men’s definitions of rape. *Psychology of Men & Masculinities*, *22*(2), 401–411. <https://doi.org/10.1037/men0000337>
- Osa, M. L., **Siegel, J. A.**, Elbe, C., & Meadows, A., & Calogero, R. M. (2021). Stigmatizing effects of weight status on lay perceptions of eating disorder-related distress. *Eating Disorders: Journal of Treatment and Prevention*. <https://doi.org/10.1080/10640266.2020.1855571>
- Siegel, J. A.**, & Calogero, R. M. (2021). Measurement of feminist identity and attitudes over the past half-century: A critical review and call for further research. *Sex Roles*, *85*, 248–270. <https://dx.doi.org/10.1007/s11199-020-01219-w>
- Siegel, J. A.**, Ramseyer-Winter, V., & Cook, M. (2020). “It really presents a struggle for females, especially my little girl”: Exploring fathers’ experiences discussing body image with their young daughters. *Body Image*, *36*, 84-94. <https://doi.org/10.1016/j.bodyim.2020.11.001>
- Calogero, R. M., Tylka, T. L., **Siegel, J. A.**, Pina, A., & Roberts, T.-A. (2020). Smile pretty and watch your back: Personal safety anxiety and vigilance in objectification theory. *Journal of Personality and Social Psychology*. *Journal of Personality and Social Psychology*, *121*(6), 1195–1222. <https://doi.org/10.1037/pspi0000344>
- Cooper, M., Reilly, E., **Siegel, J. A.**, Coniglio, K., Sadeh-Sharvit, S., Pisetsky, E. M., & Anderson, L. (2020). Eating disorders during the COVID-19 pandemic and quarantine: An overview of the

* A single star denotes a supervisee

literature and recommendations for treatment and prevention. *Eating Disorders: Journal of Treatment and Prevention*, 30(1), 54-76. <https://doi.org/10.1080/10640266.2020.1790271>

Siegel, J. A.**, Huellemann, K. L.**, Hillier, C. C., & Campbell, L. (2020). The protective role of self-compassion for women's positive body image: A direct replication and extension. *Body Image*, 32, 136-144. <https://doi.org/10.1016/j.bodyim.2019.12.003>

Siegel, J. A., & Sawyer, K. B. (2019). "We don't talk about feelings or struggles like that": Men, eating disorders, and the workplace. *Psychology of Men and Masculinities*, 21(4), 533-544. <https://doi.org/10.1037/men0000253>

Siegel, J. A., & Calogero, R. M. (2019). Conformity to feminine norms and self-objectification in feminist and non-feminist women. *Body Image*, 28, 115-118. <https://doi.org/10.1016/j.bodyim.2019.01.005>

Siegel, J. A., & Sawyer, K. B. (2019). Eating disorders in the workplace: A qualitative investigation of women's experiences. *Psychology of Women Quarterly*, 43(1), 37-58. <https://doi.org/10.1177/0361684318812475>

Calogero, R. M. & **Siegel, J. A.** (2018). Widening understandings of women's sexual desire: A social-ecological lens. *Archives of Sexual Behavior*, 48, 1693-1698. <https://doi.org/10.1007/s10508-018-1351-z>

Book chapters & reviews

Slakoff, D., & **Siegel, J. A.** (2021). Barriers to reporting, barriers to services: Challenges for transgender survivors of intimate partner violence and sexual victimization. In C. L. Buist & L. Kahle (Eds.) *Queering Criminology in Theory and Praxis: Re-Imaging Justice in the Criminal Legal System and Beyond*. Bristol University Press.

Calogero, R. M., Tylka, T. L., & **Siegel, J. A.** (2019). Personal safety as bedrock and safeguard to positive embodiment. In T. L. Tylka & N. Piran (Eds.) *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions*. Oxford University Press.

Siegel, J. A. (2020). Breanne Fahs, *Women, sex, and madness: Notes from the edge*. 217 pp. Routledge: New York, NY, 2020. *Feminism & Psychology*. <https://doi.org/10.1177/0959353520954314> [book review]

Siegel, J. A. (2019). Shelah Gilbert Leader & Patricia Rusch Hyatt, *American women on the move: The inside story of the National Women's Conference, 1977*. 167 pp. Lexington Books: Langham, VA, 2016. *Feminism & Psychology*, 30(2), 267-283. <https://doi.org/10.1177/0959353519870212> [book review]

Conference Presentations

Papers, talks, and symposia

Siegel, J. A., Mendoza, R.*, Tesselaar, J. *, Elbe, C. I. *, Caravelli, N. *, Dejesus, J. *, Fenton, M. *, Victoria, B. *, Troy, L. *, Herrera, J. *, Choi, A. *, & Blashill, A. J. (2023, June). *"I have too much to lose to ever go back:" A grounded theory analysis of eating disorders in diverse romantic relationships* [Paper presentation]. International Conference on Eating Disorders, Washington, D.C., United States. (Accepted).

Siegel, J. A. (April, 2023). *Using social media to communicate your scholarship*. [Symposium talk]. Annual convention for the Western Psychological Association. Riverside, CA. (Invited).

Siegel, J. A., & Calogero, R. M. (2023, March). *Sexist attitudes drive the link between fear of being single and faking orgasm in heterosexual women* [Paper presentation]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.

** A double star denotes shared first authorship

- Krieger, M., Eaton, A., Miller, A., & Siegel, J. A. (2023, March). *Victims' suggestions for structural solutions to IBSA* [Symposium talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.
- Siegel, J. A., Eaton, A. E., Krieger, M. (2023, March). *Coping strategies used by survivors of image-based sexual abuse during the COVID-19 pandemic* [Symposium talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States.
- Siegel, J. A., Calogero, R. M., Eaton, A. A., & Roberts, T.-A. (2023, March). *Feminist psychology and open science* [Invited talk]. Annual convention for the Association for Women in Psychology, Atlanta, GA, United States. (Invited).
- Siegel, J. A. (2023, February). *Feminist identity ambivalence: A barrier to gender and racial equality* [Invited talk]. Gender Preconference, annual convention for the Society of Personality and Social Psychology, Atlanta, GA, United States.
- Siegel, J. A. (2022, June). *Complications of public scholarship for reflexivity in qualitative research* [Lightning talk]. Annual convention for the Society for the Improvement of Psychological Science, Victoria, BC, Canada.
- Siegel, J. A. (2022, April). *Open science, closed doors: Whose voices are being amplified and whose are being silenced in conversations about open science?* [Distinguished talk]. Western Psychological Association annual conference, Portland, OR, United States.
- Siegel, J. A., & Calogero, R. M. (2022, April). *Development and validation of the Feminist Social Identity Scale* [Paper presentation]. Western Psychological Association annual conference, Portland, OR, United States.
- Siegel, J. A., & Calogero, R. M. (2022, March). *Sexist attitudes drive the relation between fear of being single and faking orgasm for heterosexual, but sexual minority, women* [Paper presentation]. Association for Women in Psychology conference, Chicago, IL, United States. (Not presented due to COVID-19)
- Siegel, J. A., Alexander, J*, & Calogero, R. M. (2022, March). *An exploration of beauty beliefs and behaviors in heterosexual and sexual minority women* [Paper presentation]. Association for Women in Psychology conference, Chicago, IL, United States. (Not presented due to COVID-19)
- Steltenpohl, C., Siegel, J. A., & Klement, K. R. (2021, June). *Positionality statements* [Workshop]. Annual convention for the 2021 Society for the Improvement of Psychological Science, Virtual.
- Siegel, J. A., Calogero, R. M., Myers, T., & McCullough, K. (2021, March). *Feminist identity and mental health: Changing times, changing directions* [Symposium presentation; chair]. 2021 Association for Women in Psychology conference, Virtual.
- Nolen, E., Ramseyer Winter, V., Siegel, J. A., Sevillano, L., Mercedes, M., & Landor, A. (2021, March). *Positive body image and eating behaviors during COVID-19* [Oral presentation]. 28th Annual Emerging Scholarship in Women's and Gender Studies Conference, University of Texas at Austin, Virtual.
- Siegel, J. A., Anderson, R. A. A., Silver, K., & Mitchel, T. (2021, February). *A consensual qualitative analysis of college men's definitions of rape* [Data blitz]. Gender preconference; annual convention for the Society of Personality and Social Psychology, Virtual.
- Siegel, J. A. (2020, August). *"It's an ongoing process": A grounded theory analysis of men's feminist identity development* [Paper presentation]. Annual conference for Feminist Epistemologies, Methodologies, Metaphysics and Science Studies, Waterloo, ON, Canada. (Conference cancelled due to COVID-19)
- Siegel, J. A. (Chair), Calogero, R. M., Roberts, T. A, Eaton, A. A., & Watson, L. B. (2020, August). *Open science and feminist psychology: Identifying problems and finding solutions* [Interactive discussion]. Annual convention for the American Psychological Association, Washington, D.C., United States. (Conference moved online due to COVID-19)
- Siegel, J. A. (Chair), Hunger, J. M., Ropp, A., Hudson, S. T. J., & Carriere, K. (2020, June). *Self-care is political warfare: Perspectives on prioritizing self-preservation* [Symposium]. Annual convention for the
-

Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)

- Siegel, J. A.** (2020, June). *Finding your voice online: Connecting and communicating on #AcademicTwitter* [Interactive discussion]. Annual convention for the Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)
- Siegel, J. A.** (2020, March). *Creating safe classrooms for transgender and nonbinary students* [Round table discussion]. Robert Macmillan Symposium in Education, London, ON, Canada (Conference cancelled due to COVID-19)
- Calogero, R. M., Tylka, T. L., **Siegel, J. A.**, & Pina, A. (2019, October). *A threat is in the air: Personal safety anxiety and restricted freedom of movement in objectification theory* [Paper presentation]. Annual conference for the Society for Experimental Social Psychology, Toronto, ON, Canada.
- Siegel, J. A.** (2019, June). *Doing feminism through research, advocacy, and activism* [Symposium presentation]. Annual conference of the Society for the Psychological Study of Social Issues, San Diego, CA, United States.
- Siegel, J. A.**, & Calogero, R. M. (2019, June). *Personal safety anxiety and the threat of sexual objectification* [Paper presentation]. Annual conference for the Society for the Psychological Study of Social Issues, San Diego, CA, United States.
- Siegel, J. A.** (2019, May). *Ambivalent feminism: A new model for understanding modern feminist attitudes* [Paper presentation]. WWW Conference. Waterloo, ON, Canada.
- Siegel, J. A.** (2019, March). *Bringing men into the conversation: Recruiting, engaging, and encouraging male students in psychology of gender courses through experiential learning* [Paper presentation]. Robert Macmillan Symposium in Education, London, ON, Canada.
- Siegel, J. A.** & Calogero, R. M. (2018, May). *Objecting or objectifying?: A first look at the implications of postfeminist ideology among feminist women* [Data blitz]. WWW Conference, Waterloo, ON, Canada.
- Siegel, J. A.** & Sawyer, K. B. (2018, April). *Eating disorders in the workplace*. Paper presented at the International Conference on Eating Disorders. Chicago, IL, United States.
- Siegel, J. A.** (2017, April). *Balance: Eating disorders as internalized oppression* [Paper presentation]. 28th annual Gender and Women's Studies Student Research Conference, Villanova, PA, United States.
- Siegel, J. A.** & Sawyer, K. B. (2017, April). *Eating disorders in the workplace* [Symposium paper presentation]. Annual convention of the Society of Industrial and Organizational Psychologists, Orlando, FL, United States.

Posters

- Tesselaar, J. *, Mendoza, R. *, Elbe, C. *, Caravelli, N. *, Dejesus, J. *, Fenton, M. *, Victoria, B., Blashill, A. J., & **Siegel, J. A.** (2023, June). *"Know that you can't fix them, and that's ok": An analysis of advice for romantic partners from the perspective of those living with eating disorders*. International Conference for Eating Disorders. Poster accepted for the International Conference on Eating Disorders, Washington, D.C., United States. (Accepted).
- Fenton, M. *, & **Siegel, J. A.** (April, 2023). *Beauty as Currency: Measurement invariance across sexual orientations* [Poster presentation]. Annual conference for the Western Psychological Association. Riverside, CA. (Accepted).
- Mitzner, J. *, Van Der Star, A., **Siegel, J. A.**, & Blashill, A. J. (2023, April). *Police discrimination and distress among sexual minority men of color* [Poster presentation]. Annual conference for the Western Psychological Association. Riverside, CA. (Accepted).
- Hernandez-Mozo, E. *, Douglas, V., **Siegel, J. A.**, Flores, J., Jones, I., Rivera, D., & Blashill, J. (2022, November). *Moderators of the link between internalized homophobia and cigarette use among sexual minority men of color* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference. New York, NY, United States.

* A single star denotes a supervisee

- Hernandez-Mozo, E.*, Douglas, V., **Siegel, J. A.**, Flores, J., Jones, I., Rivera, D., & Blashill, J. (2022, March). *Internalized stigma and substance use among sexual minority men of color*. Poster presented at the 2022 SDSU Student Research Symposium. San Diego, CA, United States.
- Randall, A., van der Star, A., Pennesi, J.-L., **Siegel, J. A.**, & Blashill, A. J. (2021, November). *The prevalence of self-injurious thoughts and behaviors among transgender and cisgender children in middle childhood: A population-based study* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference. Virtual.
- Alexander, J., Pennesi, J.-L., **Siegel, J. A.**, Brown, T.A., & Blashill, A. J. (2021, November). *Self-perceived discrepancies in gender role expression and depressive symptoms in sexual minority men* [Poster presentation]. Association for Behavioral and Cognitive Therapy conference, Virtual.
- Siegel, J. A.**, & Calogero, R. M. (2021, July). *Feminist identity and attitudes toward feminine beauty* [Poster presentation]. Appearance Matters Conference, Virtual.
- Siegel, J. A.**, Elbe, C.*, & Calogero, R. M. (2020, June). *Sex is power beliefs and acceptance of cosmetic surgery* [Poster presentation]. Society for the Psychological Study of Social Issues, Denver, CO, United States. (Conference cancelled due to COVID-19)
- Pownall, M., Talbot, C., Henschel, A., Lautarescu, A., Lloyd, K., Hartmann, H., Darda, K., Tang, K.; Carmichael-Murphy, P., & **Siegel, J. A.** (2021, February). *Engaging with open science as feminist early career researchers: Six top tips* [Poster presentation]. 2021 Open Science Conference, Virtual.
- Siegel, J. A.**, Elbe, C. I.*, & Calogero, R. M. (2021, February). *“Comrades in the Struggle”: Feminist identity development in cisgender men* [Poster presentation]. Society for Personality and Social Psychology annual conference, Virtual. (Conference canceled due to COVID-19)
- Siegel, J. A.**, Szczygłowski, K. A.*, & Calogero, R. M. (2020, August). *The role of feminist identity development and feminist identification for young women’s self-objectification* [Poster presentation]. Annual convention for the American Psychological Association, Washington, DC, United States. (Conference canceled due to COVID-19)
- Siegel, J. A.**, Huellemann, K. L., & Calogero, R. M. (2020, March). *Validation of a phenomenological measure of body shame* [Poster presentation]. Western Research Forum, London, ON, Canada (Conference canceled due to COVID-19)
- Siegel, J. A.**, & Calogero, R. M. (2019, August). *Fifty years of feminism: A critical review of measurements of feminist ideology and identity* [Poster presentation]. Annual convention for the American Psychological Association. Chicago, IL, United States.
- Facca, D.*, **Siegel, J. A.**, & Calogero, R. M. (2019, March). *Reaching for help across the agency line: A test of sexual stereotypes* [Poster presentation]. Western Student Research Conference. London, ON, Canada.
- Siegel, J. A.**, Sawyer, K. B., & Hillier, C. (2019, March). *“You’re not really man size”: Men, eating disorders, and the workplace* [Poster presentation]. International Conference on Eating Disorders, New York, NY, United States.
- Head, M. L., Calogero, R. M., & **Siegel, J. A.** (2018, November). *The potential harm of weight stigma for detecting eating disorder pathology* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
- Siegel, J. A.**, Huellemann, K., Head, M., & Calogero, R. M. (2018, November). *Nourishing self-compassion: Intuitive eating as self-care* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
- Head, M. L., **Siegel, J. A.**, & Calogero, R. M. (2018, June). *Prescribing or pathologizing weight loss?: Sizeist perceptions of people with eating disorders as a function of target weight status* [Poster presentation]. Appearance Matters 8 Conference. Bath, UK.

* A single star denotes a supervisee

- Head, M., **Siegel, J. A.**, & Calogero, R. M. (2018, April). *Weight stigma at large: Lay perceptions of eating disorder pathology depend on the perceived weight status of the target person* [Poster presentation]. International Conference on Eating Disorders. Chicago, IL, United States.
- Siegel, J. A.**, & Sawyer, K. B. (2017, November). *Eating disorders in the workplace* [Poster presentation]. Renfrew Center Foundation Conference for Professionals, Philadelphia, PA, United States.
- O’Gorman, E. T., **Siegel, J. A.**, & Kurtz, J. E. (2017, March). *Discriminating between self- and other-descriptive positive response distortion in disordered eating populations* [Poster presentation]. Annual convention of the Society for Personality Assessment, San Francisco, CA, United States. (Awarded best poster)
- Siegel, J. A.** (2016). *Eating disorders in the workplace* [Poster presentation]. Villanova Undergraduate Student Research Conference. Villanova, PA, United States.

Awards and Recognition

Grants and scholarships

Western Graduate Research Grant (Summer 2020)	\$350 CAD
Network for Economic and Social Trends Doctoral Award (2020-2021)	\$20,000 CAD
PSAC 610 Outstanding Research Contribution Scholarship (2019)	\$500 CAD
Richard Konrad Ontario Graduate Scholarship (2019-2020)	\$15,000 CAD
SPSSI Graduate Student Travel Grant (Summer 2019)	\$500 USD
Western Graduate Research Grant (Summer 2019)	\$525 CAD
SPSSI Grants-In-Aid (Winter 2018)	\$1,000 USD
Renfrew Foundation Scholarship (Fall 2018)	
APA Division 35 Janet Hyde Graduate Student Research Grant (Fall 2018; Honorable mention)	
Villanova Undergraduate Research Grant (Summer 2016)	(valued) \$3,500 USD

Other awards and recognition

Distinguished Publication Award, Association for Women in Psychology (2022)
 Certificate in University Teaching and Learning, Western University (2021)
Psychology of Women Quarterly Excellence in Peer Review Award (2021)
 Canadian Council of Psychology Departments Excellence in Teaching Award (2018)
 Psi Chi International Honor Society in Psychology
 Villanova University Dean’s List Fall 2013-Winter 2015
 Phi Beta Kappa

Teaching & Public Speaking Experience

Courses taught

2023	Instructor of record, Psychology of Human Sexual Behavior, San Diego State University (presently teaching)
2022	Instructor of record, Psychology of Human Sexual Behavior, San Diego State University
2021	Instructor of record, Psychology of Prejudice, King’s University College
2020	Teaching assistant, Psychology of Gender, Western University
2019	Teaching assistant, Introduction to Psychology, Western University
2018	Teaching assistant, Introduction to Social Psychology, Western University
2018	Teaching assistant, Research Methods in Social Psychology, Western University
2017	Teaching assistant, Introduction to Social Psychology, Western University

Guest lectures

2023	Rutgers University (“Eating Disorders: Questions and Answers”)
2023	Texas State University (“Body Image in the Bedroom”)
2022	University of Tennessee Knoxville (“Open Science, Closed Doors”)

2022	San Diego State University (“BMI is BS: Health, Weight, and Disordered Eating”)
2022	University of Tennessee Knoxville (“Eating Disorders: A Social Psychological Perspective”)
2022	Purdue University (“Gender and Wellbeing”)
2022	Texas State University (“Body Image, Gender, and Sexuality”)
2020	University of Leeds (“Exploring the Role of Fathers in Girls’ Body Image Development”)
2020	Western University (“Sexist and Feminist Personalities”)
2020	Western University (“Sexuality and Sexual Orientation”)
2020	Western University (“Gender, Language, Emotion, and Communication”)
2019	Western University (“Psychology, Gender, & Health”)
2019	King’s University College (“Social Psychological Research in Gender and Sexism”)
2019	Western University (“Gender Stereotypes”)
2018	Western University (“Prejudice and Discrimination”)

Public and invited talks

- *Epistemological Entanglements: Qualitative Research and Open Science*; Invited talk for the Advanced Research Methods Seminar at Princeton University (Princeton, NJ; April 2023 [scheduled])
- *Social Psychology Research on Body Image, Gender, and Sexuality*; Invited talk for the Psi Chi/Psychology club at San Diego State University (San Diego, CA; April 2023 [scheduled])
- *Critical Scholarship and Open Science: Methods, Ethics, and Strategies for Navigating the Two*; Invited talk for the Graduate Psychology Association at University of California – Los Angeles (Los Angeles, CA; April 2023 [scheduled])
- *Feminist Epistemology and Qualitative Research Methods*; Invited talk for the Psychology Department at University of York (Virtual; March 2023 [scheduled])
- *Hookup Culture, Body Image, and Mental Health*; Invited talk for the Counseling and Social Change Club at San Diego State University (San Diego, CA; March 2023 [scheduled])
- *One Step Forward, Two Steps Back: Open Science and Feminist Psychology*; Invited talk for the Psychology Department at Swansea University (Virtual; March 2023 [scheduled])
- *Using Social Media for Science Communication and Professional Development*; Invited talk for the Applied Social and Cultural Psychology program at Florida International University (Virtual; January 2023)
- *Accessible Science Communication using Twitter*; Invited talk for Dr. Rhonda Balzarini’s Relationships Lab at Texas State University (Virtual; November 2022)
- *Eating Disorders: Diagnosis, Treatment, and Recovery*; Invited talk for the San Diego State University Psychology Clinic (San Diego, CA; September 2022)
- *Female Sexual Interest and Arousal Disorder – Differentiating Facts from Fiction*; Talkback for the new play *The Pleasure Trials* (San Diego, CA; September 2022)
- *Men and the Fight for Gender Equality*; Public talk for the Miami Transportation Security Administration (Virtual; August 2022)
- *Diversity, Equity, and Inclusion in Open Science*; Invited talk for the Consortium for the Advancement of Research Methods and Analysis at Texas Tech University (Virtual; April 2022)
- *Integrating Feminist Psychology and Open Science: Perspectives on How to Use Open Science to Supportive Inclusive Psychological Research*; Invited talk for the ReproducibiliTea group at University of St. Louis (Virtual; April 2022)
- *Open Science: A Barrier or a Bridge to Gender Equality?*; Invited talk for the United Nations Department of Global Communications (Virtual; March 2022)
- *Mental Health and Body Image*; Invited talk for the Public Health Institute at San Diego State University (Virtual; March 2022)
- *Thematic Analysis*; Workshop given for the BISH Lab at San Diego State University (San Diego, CA; February 2022)
- *Personal Safety Anxiety and Vigilance in Women*; Invited talk at University of North Texas (Virtual; November 2021)
- *Eating Disorders: Diagnosis, Prevention, and Treatment*; Invited talk for the San Diego State University Psychology Clinic (Virtual; August 2021)

- *Be The Change: Social Inequality and Social Change*, London Public Library – Advocacy Through Action Series (Virtual; February 2021)
- *Open Science in Early Career Feminist Research*; University of Minnesota (Virtual, February 2021)
- *Eating Disorders, Weight Stigma, and the Holidays*; BEAT Universities Program (Virtual; December, 2020)
- *The Complexity of Weight, Health, and Well-Being*; London Public Library – Advocacy Through Action Series (London, ON; February 2020)
- *Feminism with Benefits: The Personal and Interpersonal Benefits of Feminist Attitudes and Identity*; PechaKucha London (London, ON; October 2019)
- *Feminism and Mental Health: What is the Link?*; Invited talk for the Retiring with Strong Minds Lecture Series (London, ON; August 2019)
- *Defining the F Word: What does Feminism mean today?*; Invited talk for the Retiring with Strong Minds Lecture Series (London, ON; July 2019)
- *Body Blame: Eating Disorders, Weight Stigma, & Social Justice* (London Public Library – Advocacy Through Action Series; February 2019)
- *Straight/ Curve screening*; expert panel (University of Guelph; September 2018)
- *Conquer: A Morning Designed to Help Women Conquer the Challenges of Today*; speaker on eating disorder recovery (King’s University College; April 2018)

Courses designed

Psychology of Prejudice (Taught: King’s University College)

Psychology of Human Sexual Behavior (Taught: San Diego State University)

Qualitative Research Methods in Psychological Science (Accepted: San Diego State University)

Formal supervisory roles

2021 – present	Research co-supervision (Eduardo Hernandez - San Diego State University) Initiative for Maximizing Student Development (IMSD) program at SDSU
2020 – 2021	Honors thesis co-supervision (Cassia Pelton - Western University) Project topic: <i>Personal safety anxiety and vigilance in women with (in)visible disabilities</i>
2019 – 2020	Honors thesis co-supervision (Chloe Eidlitz - Western University) Project title: <i>Flattered or fearful?: Exploring the effect of benevolent sexism in the context of sexual objectification</i>
2018 –2019	Honors thesis co-supervision (Diana Facca - Western University) Project title: <i>Reaching for help across the agency line: A test of sexual stereotypes of women</i>
2018 – 2018	Independent study co-supervision (Carly Sugar - Western University) Project title: <i>Feminist stigma: The roles of femininity & sexual behaviors</i>

Professional Experience

2022 – present: APA Style Editor and Social Media Coordinator, *Psychology of Women Quarterly*

2021 – present: Postdoctoral research scholar & project director, San Diego State University

2020 – 2021: Instructor of record, Psychology of Prejudice, King’s University College

2019 – 2020: Gender concerns commissioner, Western Society of Graduate Students

2018: Research subject matter expert, *Introduction to Social Psychology*, McGraw-Hill Ryerson Limited

Reviewing and Editing

Editorial Board: *Psychology of Women Quarterly*, *Sex Roles*, *Body Image*, *Psychology of Men and Masculinities*, *Frontiers in Social Psychology*

Special Issue Editor: *Psychology of Women Quarterly* (Lead editor), *Translational Issues in Psychological Science* (Associate editor)

Awards: *Psychology of Women Quarterly* Excellence in Peer Review Award (2021)

Ad hoc reviewer: *Psychology of Women Quarterly* [34], *Body Image* [17], *Sex Roles* [15], *Women's Studies International Forum* [5], *Feminism & Psychology* [3], *Social Science in Medicine - Qualitative Research in Health* [5], *Journal of Applied Social Psychology* [3], *Translational Issues in Psychological Science* [3], *Appetite* [2], *BMC Psychiatry* [2], *Personality and Social Psychology Bulletin* [3], *International Journal of Eating Disorders* [3], *Group Processes and Intergroup Relations* [1], *Emerging Adulthood* [2], *Psychological Science* [1], *Journal of Interpersonal Violence* [1], *Psychology of Men and Masculinities* [1], *BMC Public Policy* [1], *Europe's Journal of Social Psychology* [1], *Psychological Assessment* [1], *Social Science & Medicine* [1], *Victims and Victimhood* [1], *Fat Studies* [1], *Health Psychology Bulletin* [1], *Journal of Counseling Psychology* [1], *Analyses of Social Issues and Public Policies* [1], *Journal of Sex Research* [1], *Frontiers in Psychology* [1], *Ecopsychology* [1], *Violence and Victims* [1], *Archives of Sexual Behavior* [1], *Mindfulness* [1], *New Media and Society* [1]

Media & Science Communication

Writing

- The Industrial-Organizational Psychologist (“[Opening Up: Tips for Fostering Belongingness in Our Scholarly Communities While Encouraging Open Science](#)”)
- Psychology’s Feminist Voices (“[A Compassionate Feminist Agenda](#)”)
- FemPop Blog (“[Women, Safety Anxiety, and The Popularity of True Crime Podcasts](#)”)
- FemPop Blog for APA Division 35 (“[Weight Stigma is a Feminist Issue](#)”)
- Nature Human Behavior’s Social Sciences (“[Complications of Qualitative Research under Publish or Perish](#)”)
- “Women are Boring” blog (“[Eating Disorders in the Workplace](#)”)
- “We Are Alive” blog (“[Rewriting Herstory](#)”)
- Polarities Magazine (“[Feminism](#)”)
- “The Mighty” (“[How Feminism Helped me Recover from an Eating Disorder](#)”)
- “Social Issues from Student Perspectives” (“[10 Things I Wish Someone Had Told me Before I Started my PhD](#)”)

Podcasts

- “Psychology of Women quarterly” podcast (Host)
- “LuvBites with Dr. Tara” podcast (“[Improve Your Body Image and Feel Sexier This Year](#)”)
- “Story Collider” podcast (“[Healing: Stories about Getting Better](#)”)
- “Accidental Intellectual” podcast (“[Jaclyn Siegel: Feminist First](#)”)
- “Dear Grad Student” (“[A Day in the Life: Jaclyn Siegel, Social Psychology PhD Candidate](#)”)
- “High Impact Coffee Hour” (“[Jaclyn Siegel, Feminist Social Psychologist](#)”)
- “PhD Balance” (“[Speaking out in Graduate School](#)”)
- “Grad Cast” (“[Human Rights and Litigation](#)”)
- “Grad Cast” (“[Phenomenological body shame](#)”)
- “Always a Being” (“[Body Positive Raging Feminist](#)”)
- “GuyGab” podcast (“[Managing anger](#)”)
- “Cognitive Revolution” podcast (“[Lab lockdown #1: Jaclyn A. Siegel](#)”)

Interviews

- The Sun Magazine (“[The strong, silent type: Jaclyn A. Siegel on masculinity and male body image](#)”)
- The 19th (“[Transgender and nonbinary patients with eating disorders struggle to be seen. Many go untreated as a result](#)”)
- The Western Gazette (“[Here she Comes: Closing the orgasm gap](#)”)
- Stylist (“[How to improve body image: does working out in a sports bra boost body confidence?](#)”)
- The Western Gazette (“[Turn it on like a light switch: The ins and outs of getting aroused](#)”)

- The Western Gazette (“[Students with eating disorders face additional struggles in COVID-19](#)”)
- The Western Gazette (“[How identifying as a feminist changes your dating life](#)”)
- 106.9 The X (“[Has the pandemic created challenges for those who have eating disorders?](#)”)
- Accessible Media Inc on The Pulse (“[Eating Disorders During COVID-19](#)”)
- AM 980, Quebec AM, Ottawa Morning, London Morning, Information Morning (Halifax), The Trailbreaker (Yellowknife), Information Radio (Winnipeg), Edmonton AM, On The Island (Victoria), Daybreak South (Kelowna), The Morning Edition (Regina), Morning North (Sudbury) (“Pandemic challenging those with eating disorders”)
- CTV (“[Pandemic making life harder for those living with eating disorders](#)”)
- Western News (“[Pandemic poses unique challenges for those living with eating disorders](#)”)
- CTV (“[Cat calling, inappropriate comments: studying the effects of sexual objectification on women](#)”)
- Medium – Elemental (“[The Pandemic is Heightening Diet Culture for Men](#)”)
- 106.9 The X (“[Taking Back The Night: Rallying against gender-based violence](#)”)
- The Falcon (“[The Western Production Empowering Women](#)”)
- London Free Press (“[In Victoria Park, Women Took Back the Night](#)”)

Media reporting of research and advocacy

- Reporting on using social media for science communication ([APA: Monitor on Psychology](#))
- Research on COVID-19 and eating disorders ([Scientific American](#), [Radio International Canada](#))
- Research on personal safety anxiety and objectification theory ([Western News](#))
- Research on body image conversations between fathers and young daughters ([Show Me Missou](#), [Futurity](#), [BYU Radio](#))

Service & Advocacy

Political Advocacy

2020 Invited Speaker in support of Bill 61 from Parliament 42 Session 1 of the Legislative Assembly of Ontario: Eating Disorders Awareness Week Act, 2020

San Diego State University

2022 – present Mentor for the Upward Bound/Health Career Opportunities Program
 2021 – present Education Chair of the SDSU Body Inclusivity Group

Western University

2020 – 2020 Member of the Equity, Diversity, and Inclusion Committee
 2019 – 2020 Co-chair of the Psychology Department Colloquium Committee
 2019 – 2021 Member of the Psychology Graduate Affairs Committee
 2019 – 2021 Member of the Psychology Undergraduate Affairs Committee
 2018 Editor for the Western Undergraduate Psychology Journal
 2018 – 2019 Co-chair of the Psychology Graduate Student Association
 2020 – 2021 Ex-officio member of the Anti-Sexual and Gender-Based Violence Working Group
 2018 – 2019 Producer, actor, and director of The Vagina Monologues
 2018 – 2019 Social Media Manager for the Women’s Committee for PSAC 610
 2017 – 2019 Graduate Student Representative for the Women’s Studies Student Collective
 2017 – 2019 Member of the Society of Graduate Students Graduate Peer Support Committee

Academic field

2020 – 2021 Social Media Committee, International Journal for Eating Disorders
 2019 – 2020 Affiliate Representative for the Society for the Psychology of Women
 2019 – 2020 Social media manager for the Inspiring Diversity in STEM conference

2019	Reviewer: 7th Annual International Weight Stigma Conference
2020	Reviewer: Annual Con. for American Psychological Association (Division 8)
2020	Reviewer: Annual Con. for Society for the Psychological Study of Social Issues
2018 – 2020	Student Advisory Board member for Psychology of Women Quarterly
2019 – 2020	Campus Representative for APA Division 35
2019 – 2020	SPSP Peer Advisor (Darla Bonagura)
2018 – 2020	Electronic Media Committee for the Academy for Eating Disorders
2018 – 2019	Conference organizer for the 7 th annual Weight Stigma Conference
	§ Chair: (un)modified bodies: A roundtable discussion on the intersections between fat and trans studies

London, Ontario community

2020 – 2022	Research consultant, London Safe Cities Project
2020	Feminist consultant for “Weight”
2019 – 2021	Volunteer for Anova (safe space for survivors of gender-based violence)
2019	Volunteer for the London Fringe Festival (2019)
2019 – 2020	Volunteer for the London Pride Parade (2018, 2019)
2018 – 2020	Organizer for London Take Back the Night Rally (2018, 2019, 2020)
2017 – 2021	Volunteer for the Women’s Events Committee of London, ON

Affiliations and Memberships

2023 – present	Association for Women in Psychology
2022 – present	Western Psychological Association
2019 – present	Society for Personality and Social Psychology
2018 – present	Society for the Psychological Study of Social Issues
2018 – present	American Psychological Association, Division 35
2017 – 2022	Academy for Eating Disorders
2016 – present	Psi Chi International Honors Society in Psychology
2017 – present	Phi Beta Kappa

Advanced Trainings and Workshops

January 2023	Self-Paced Online Teaching Program, Flexible Course Design Institute, San Diego State University
January 2023	Inclusive Teaching Boot Camp for Lecturers, Center for Inclusive Excellence, San Diego State University
November 2022	Designing Lectures for Equitable Student Engagement, Center for Inclusive Excellence, San Diego State University
January 2022	Introduction to User Experience Research, San Diego State University (30-hour course)
December 2020	Trauma Informed Interviewing, Florida International University
September 2019	NVivo 12 for Qualitative and Mixed Methods Research Workshop (2–day intensive) Western University
August 2019	Fall Perspectives on Teaching Conference, Centre for Teaching and Learning, Western University
June 2019	Healing the Wound with the Weapon: Post–Secondary Education and Reconciliation, Centre for Teaching and Learning, Western University
June 2019	How do We Engage Students as Partners in Teaching and Learning?, Centre for Teaching and Learning, Western University
June 2019	Frontiers of Science: Equipping All Students with Scientific Habits of Mind, Centre for Teaching and Learning, Western University
December 2018	Upstander Training, Centre for Teaching and Learning, Western University
November 2018	Getting Feedback on Your Teaching, Centre for Teaching and Learning, Western University

Skills and Expertise

Qualitative methods: Grounded theory, consensual qualitative research, thematic analysis (reflexive and codebook)

Advanced quantitative methods: Structural equation modeling, test construction

Analytic software: SPSS (including Process), JASP, JAMOVI, G*Power, R (in workshops), NVivo

Additional software: Open Science Framework, Qualtrics